

# ACADEMY BULLETIN

#### Dear Patrons,

With the arrival of summer, we are delighted to present to you a series of exciting events and activities at The Academy this July. As always, our commitment to providing you with the finest experiences remains unwavering, and we are thrilled to share the details of what is in store for you.

We hope you had a fantastic Father's Day and joined us at our first Water Park for a blast splashing around in the pool, sliding down the inflatable slides, and enjoying the Dragon Boat Rice Dumplings from Fan Guan!

Ahead, we have curated an exclusive summer camp programme for our junior Patrons that will keep them engaged and entertained throughout the season. Our meticulously designed itinerary includes an array of activities, ranging from tennis and golf to swimming and Camp Beaumont, a fun-filled day camp that fosters creativity, sportsmanship, and new friendships.

As for our adult Patrons, we have partnered with Humansa to introduce some exciting new sports and fitness programmes. The Myofascial release and stretch class, will be held every Saturday of July, and promises to enhance your range of motion, alleviate stress, and accelerate your body's natural recovery process. It is a delightful opportunity to stay active, healthy and indulge in some well-deserved self-care this summer.

Those who have spent previous years with us will be delighted to learn of the return of our summer campaign, Maison St. Tropez, for the third year running. This summer, from 4 to 27 August, we are taking you on an immersive Mediterranean voyage, cruising the Spanish waters and Mallorca. Port de St. Tropez is The Academy's way of staying in line with our annual theme while sending off our Patrons who will be travelling to Mallorca with our warmest wishes for success in upcoming tournaments in Spain. Embrace a season packed with a range of exciting activities and culinary feasts inspired by the stunning destination. Keep your eyes and ears peeled for the kick off on 4 August, Friday, and be sure to mark your calendars for 26 August, Saturday, as we host the much anticipated Maison St. Tropez grand finale party. To appease your curiosity for the time being, read more about the campaign in this issue's Insider.



For Patrons who will be travelling over the holidays, we have recently introduced our Reciprocal Club Access, partnering with some of the world's most prestigious sports and lifestyle clubs. Patrons will be able to enjoy a myriad of benefits at the following locations: The Vancouver Club, Canada; The British Club Bangkok, Thailand; Indooroopilly Golf Club, Australia; Foshan Golf Club, China; The Canton Club, China. Golf enthusiasts can also avail themselves of global access to over 70 clubs worldwide through our IMG Prestige club network. Stay tuned for exciting upcoming announcements regarding additional partnerships as we expand our network, connecting our Patrons to the best clubs no matter where they are on the map. For more information on accessibility, contact <code>info@hkgta.com</code> or call 852. 3187 8900.

Inspired by different themes of Chinese history and heritage, this season, Fan Guan is presenting a new menu nodding to the art and science of Chinese Gastronomy. Available from July to end of August, the exclusive menu features innovative dishes including Crispy fried stuffed chicken wings and Sauteed fresh milk with diced shrimp, to more nostalgic dishes like Baked fish intestine and home-style Pan friend minced carp and pork puree. Bookings can be made via Patron app, <code>fanguan@hkgta.com</code> or 852. 3959 0031 / 32.

While over at Academy Lounge, a Black Tot Rum Masterclass will be held on 21 July for those looking to dip their toes into the world of fine Caribbean rum. The tasting and class will include some very rare reserves and discuss the profiles, origin, provenance and more about the spirit. For interested Patrons, contact <u>academylounge@hkgta.com</u> or 852. 3959 0045 for reservations or book directly on Patron app.

With that, we hope that this season at The Academy will be one that is filled with memorable experiences that will leave an impression. We look forward to welcoming you and yours to HKGTA very soon.

Yours Faithfully,

HONG KONG GOLF & TENNIS ACADEMY MANAGEMENT

# JUNE HAPPENINGS AT THE ACADEMY



# JUNIOR LEAGUE GREAT ACHIEVEMENT DINNER

On 2 June, over 50 guests joined us as we celebrated as HKGTA proudly took home runner up of the Division A Hong Kong Tennis Association Junior Spring League of 2023. Seventeen of our league players were celebrated for their individual achievements and were presented with prizes and a special congratulatory message from World No. 4 and Rafa Nadal Academy trainee Casper Ruud. We thank all the league players, parents and HKGTA coaches and team who out to support and we look forward to breaking new records in the year to come.







# GOLF TEAM DINNER

The HKGTA Elite & Performance Golf Teams got together at the end of season to celebrate another successful team season. Throughout the year, both teams trained extremely hard on a regular basis and not only excelled on the course but also built a strong camaraderie off the course. The highlight of this year was the trip to Mission Hills where players were able to strengthen their course management skills as well as learning to adapt to different situations. We would like to extend a big thank you to all the players and parents for their efforts this year but a special thanks coach David Freeman and his team. We close this season with a finale dinner and look forward to the new challenges ahead. For more on the golf excursion in Dongguan, flip through to see what our golfers got up to on the trip.









# FATHER'S DAY

Patrons celebrated the leading man in their life at HKGTA this Father's Day. With plenty of activities from making dark chocolate marshmallow cookies for dad to lavish feasts to get the family together, it was a special day for all. It was a beautiful day well spent with the people that matter the most.







# THE ACADEMY WATER PARK

To brave the summer heat, Patrons and their families came together to cool down at our Water Park party. Kids and adults came out on Dragon Boat Festival weekend and slipped into their swimming gear and enjoyed a splashing day of fun with inflatable slides, water trampolines, twisters and more.











# HKGTA MONTHLY CALENDAR

- JULY 2023
- 1 Summer Mini Yoga
- 8 Summer Mini Yoga
  - Myofascial Release & Stretches
- 15 · Summer Mini Yoga
  - Myofascial Release & Stretches
- 21 Academy Lounge Black Tot Rum Masterclass
  - 2 Days & 1 Night Yoga Retreat
- 22 · Summer Mini Yoga
  - Myofascial Release & Stretches
- 29 · Summer Mini Yoga
  - Myofascial Release & Stretches

### **SPORTS**

- Tennis Summer Camp 2023
- Golf Summer Camp 2023
- Swimming Summer Camp 2023
- Camp Beaumont Summer Camp 2023
- Tennis Private Lesson Promotion
- Golf Tuesday Ladies' Clinic

### WELLNESS (EVERY WEDNESDAY ~ SUNDAY)

- Aerial Yoga Stretch with Crystal / every Saturday in June
- Summer Mini Yoga / every Saturday in June
- Full Body Yoga Stretch with Kaman / every Sunday in June
- Aerial Yoga Pilates with Crystal / every Sunday in June
- Yoga Flow with Kaman / every Sunday in June
- Aerial Yoga Therapy with Crystal
   / every Saturday & Sunday in June
- Weekday Treatment Special Offer / Wednesdays Fridays

### CAFETERIA

- Korean BBQ A la Carte Menu
- The Steakhouse A la Carte Menu

#### **ACADEMY LOUNGE**

- Aperitivo Social Hours
- The Black Pearl of the Sea Caviar

### **FAN GUAN**

- An Emperor's Local Delight Fan Guan Poon Choi
- In-room Hot Pot Experience
- Ancient Chinese Gastronomy / July-Aug 2023

#### EVENT

- El Nudo Private Kitchen Argentinian BBQ Experience
- Spring Dinner Package
- Toptracer Happy Hour Gathering
- Gastronomy Lab Kids Baking Party

#### KIDS ACADEMY

• Weekend Kids Activity Workshop (Every Sat, Sun & PH)





# Golf Summer Camp 2023

Aged 4-7

Aged 12-15

Day

**Enrolment** 

Week 1

Week 2

Week 3

Week 4

Week 5

Time

Duration

Ratio

Price

Coach

Aged 8-11

Tuesday – Friday

Minimum 3 pax, weekly basis

4 – 7 July

11 – 14 July

18 – 21 July

1 – 4 August

8 – 11 August

10:00am - 12:00noon

120 minutes

1:6

HK\$3,200

Certified or

Adv. Certified or

Lead Instructor

8:00am - 10:00am

120 minutes

1:5

HK\$3,200

Adv. Lead Instructor or Director of Instruction

# **TEE-OFF NOW!**

1:00pm - 2:30pm

90 minutes

1:5

HK\$2,400

Certified or

Adv. Certified

852. 3187 8960 / golf@hkgta.com

### **ENROL NOW!**









# Tennis Summer Camp 2023

### Mini Summer Camp (Under 7)

Day Enrolment

Week 1

Week 2

Week 3

Week 4

Week 5

Time

Monday – Friday

Daily

10 – 14 July

17 – 21 July

24 - 28 July

31 July – 4 August

7 – 11 August

8:45am - 12:30pm

Ratio

Price

1:6 HK\$860 / day Camp 1 (U10 & O10)

Monday – Wednesday

2.5-day basis

10 – 12 July

17 – 19 July

24 - 26 July

31 July – 2 August

7 – 9 August

Day 1 & 2: 9:00am – 4:30pm &

\*4:30pm – 10:00pm (optional)

Day 3: 9:00am – 1:00pm

1:6

HK\$3,800 / camp

Camp 2 (U10 & O10)

Wednesday – Friday

2.5-day basis

12 – 14 July

19 – 21 July

26 – 28 July

2 – 4 August

9 – 11 August

Day 1: 1:30pm – 4:30pm

Day 2 & 3: 9:00am - 4:30pm &

\*4:30pm – 10:00pm (optional)

1:6

HK\$3,800 / camp

#### **Limited Offer:**

"Away From Home" Stay Overnight Offer: + HK\$2,000 per Patron which including:

- 2-Night Accommodation
- 2 Dinners and 2 Breakfasts
- Evening Activities (E.g.: Laser Tag, Boardgames...)
- Maximum 15 pax per night, First-Come-First-Served
- HKGTA Staff overnight supervision

# For enquiries:

852. 3187 8960 / tennis@hkgta.com

## **ENROL NOW!**







### SUMMER CAMP

Get Active

For children and teens



Go Outdoors



Challenge Yourself



Be Connected to Nature

Sign up on or before 20 JUNE for

10% Early Bird Discount

5 weeks filled with fun! From 10 July to 11 August 2023 9:30am to 4:00pm











#### FULL-DAY SUMMER CAMPS



Camp price

HK\$7,000

For children aged 5-7



HK\$7,000

For children aged 8-11



HK\$7,500

For children aged 12-16

\*The excursion may differ each week, please check with our staff to confirm Available camp dates

10 - 14 Jul Week I





HONG KONG -

**GOLF & TENNIS ACADEMY** 

17 - 21 Jul Week 2





Week 3 24 - 28 Jul



Week 4 31 Jul - 4 Aug





7 - 11 Aug Week 5





Sign up on or before 20 JUNE for

10% Early Bird Discount

#### Inspiring adventures

throughout the school holidays

#### Week 1 and 4

- Dodgeball
- Shelter Building
- Fire Making
- Outdoor Cooking Spy School

- Catch & Release Fishing
- Mini Olympics Aqua Attack

#### Week 2 and 5

- Snorkeling
- Shelter Building
- Art Attack
- Spy SchoolRaft Building
- Orienteering
- Aqua Attack
- Football
- Mini Chef
- Coastal Exploration
- Catapults & Commanders

#### Week 1 and 4

#### Week 2 and 5





#### Week 3

- Art Attack
- Dodgeball
- Players and Spy
- Kayaking Cycling
- Stand Up Paddleboarding
- Snorkeling
- Coasteering





# Swimming Summer Camp 2023

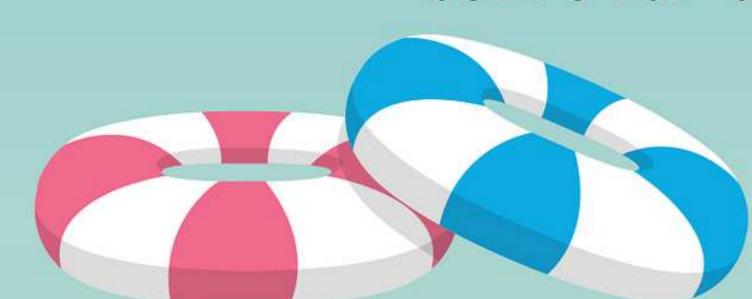
	Beginner	Intermediate	Advance			
Day		Monday – Friday				
Enrolment	Minimum 3 pax, daily / weekly basis					
Week 1	3 – 7 July					
Week 2	10 – 14 July					
Week 3	17 – 21 July					
Week 4	24 – 28 July					
Week 5	31 July – 4 August					
Week 6	7 – 11 August					
Time	3:00pm – 4:00pm	4:00pm – 5:00pm	5:00pm – 6:00pm			
Duration	60 minutes					
Ratio	1:4	1:5	1:6			
Location	Indoor Pool					
Price	HK\$350 / day;					
	HK\$1,750 / week					

# For enquiries:

852. 3187 8960 / swimming@hkgta.com







## PATRON CONNECT REFERRAL PROGRAMME

Refer families or friends joining the HKGTA community and enjoy rewards up to HK\$180,000 cash value upon each successful application.

Patron can also enjoy 5% cash value on all successful corporate MICE events referrals at HKGTA\*.

#### ADMISSION OPTIONS & INCENTIVE TABLE

ADMISSION OPTIONS	ADMISSION FEES
Family Sports Admission (Multi-Generation)	HK\$2,680,000
Corporate I Sports Admission	HK\$2,300,000 (One Nominee)
Corporate II Sports Admission	HK\$4,100,000 (Two Nominees)
Expat Pro	HK\$250,000
Town Club Individual	HK <b>\$82</b> 0,000
Town Club Corporate	HK\$980,000 (Two Nominees)
Town Club Next Gen Pro	HK <b>\$120,00</b> 0

• Limited quotas and available on a first-come, first-served basis •

\*Birthday parties and leisure events are excluded. Incentive is calculated based on total spendings at the conclusion of each event.



Refer a Prospect

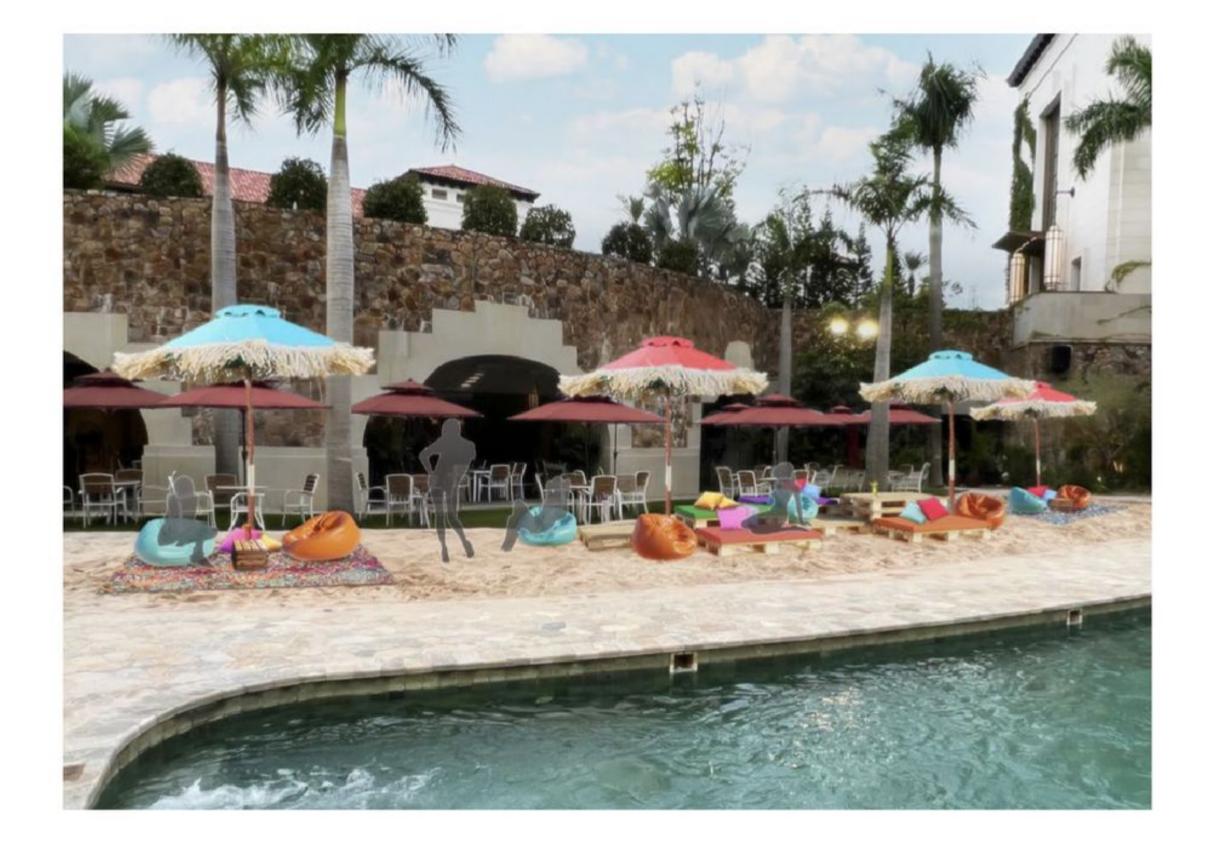
For enquiries, please contact your dedicated Manager from Academy Experience team or the Admission Office at 852. 3187 8900/ enquiry@hkgta.com





As the doors of The Academy open this season, a world of sophistication and allure awaits. The decor is inspired by the vibrant colours and rich textures of southern France and Spain, with a captivating array of mosaic patterns, ceramic tiles, and other decorative elements that capture the essence of the Mediterranean coast – bringing the ravishing beauty of the coastline to the backdrop of HKGTA.

The culinary world of HKGTA will be transformed to offer an exquisite blend of French and Spanish cuisine, Mediterranean style, to perfectly exude the same flair and fare of Port de Maison St. Tropez. Drawing inspiration from the delicacies and fresh catches of the Spanish and southern French regions, the gastronomic offerings are set to excite and delight the taste buds of our Patrons and their guests. From the iconic French fish stew bouillabaisse and delectable quintessential paella dish to the flavourful myriad of tapas on offer, each bite is crafted to perfection using the finest and freshest ingredients, ensuring that every morsel is a symphony of flavours that will impress even the most discerning of palates.



The lower pool will be transformed into the Mallorca Beach Club, which provides the perfect respite for Patrons to unwind and soak up the sun. Bask in the sun poolside while enjoying refreshing drinks and nibbles while shading beneath vibrant umbrellas, adding to the vibrant and festive Mediterranean summer atmosphere.

As the Indie Festival often takes place at St. Tropez in July and August, HKGTA will be abuzz with the sounds of indie and summer house music throughout as Patrons journey to Mallorca. Soak in holiday vibes with Spanish beats and tracks to keep the party going well into the midsummer nights.

Port de Maison St. Tropez is not just a destination for adults to indulge in lavish festivities; it is also the ideal family vacation destination. The campaign offers an extensive range of activities and workshops that are sure to captivate the young ones' imaginations and provide them with a sense of travel. With the Aqua Dash Toy Boat Regatta being a core highlight this year, junior Patrons can craft their own boats and take them for a spin in the outdoor water course. Other activities include steamboat workshops and a poolside sandpit, where kids can enjoy the same immersive experience as the parents, making Maison St. Tropez exhilarating for all ages.

The pièce de résistance of Maison St. Tropez will be the grand finale, a truly unforgettable experience that is guaranteed to be the highlight of the season. The end of season party is the summer's biggest event, and this year is without an exception. Mark your calendars for 26 August and bring your family and friends to the fiesta. Revealing a sneak peek into what to expect on the day, Patrons can anticipate a traditional Tomatina celebration; a tomato-filled extravaganza accompanied by a spectacular performance showcasing the passion and energy of Spanish culture to bookend Port de Maison St. Tropez.

Set sail to the resplendent Spanish waters and southern French coastlines this summer to HKGTA's Port de Maison St. Tropez. All aboard!





ALL-DAY DINING





# Online Reservation on our Patron APP is now available!



# BARBEQUE AREA

## BARBEQUE STOVE RENTAL HK\$1,900

Timeslot for Booking: II:00am - 4:00pm or 5:00pm - I0:00pm



For enquiries or reservations, please contact the Event Team at events@hkgta.com or at 852. 3187 8999.

# EL NUDO PRIVATE KITCHEN

Plan your own asado to bring your friends and family together! "Asado" is an Argentinian ritual, where great feast of meats are shared amongst friends.

Taste our exclusive barbecue and perfectly grilled steaks, presented by Chef Roberto Cahiza from "El Nudo Private Kitchen" at our Barbeque Area.

HK\$1,600 per person
Minimum 12 persons per booking

Including an exclusive Argentinian wine selection, beers & soft drinks



Subject to Availability

For enquiries or reservations, please contact the Events Team at events@hkgta.com or 852. 3187 8999.



### ANCIENT CHINESE GASTRONOMY

Ancient Chinese Gastronomy is a rich and diverse culinary tradition that has been developed over thousands of years. In China, food and cooking have always been considered essential elements of culture and have played a significant role in shaping the country's history. These cuisines consist of a wide range of dishes that vary in style, ingredients, and preparation methods. Explore the taste of ancient Chinese at Fan Guan this Summer.

#### **Highlights**

- Roasted Crispy Eel Glazed with Honey
- Braised Fish's Head Broth with Seasonal Vegetable and Mushroom
  - Crispy-fried Chicken Wing Stuffed with Celery, Carrot and Yunnan Ham Glazed with Abalone Sauce

Available from 1 July to 31 August 2023 Starting from HK\$208

\*Image for reference only







For enquiries or reservations: 852. 3959 0031 / 32 | fanguan@hkgta.com





# The Black Pearl of the Sea -Caviar-



Royal Caviar Club (RCC) offers you exclusive access to the world of rare pleasures.

Their premier products are carefully selected and packaged in an impeccable manner which allows you to enjoy their exquisite caviar.

Get the finest caviar in Hong Kong at HKGTA.









### Top Tracer, Top Fun

#### Looking for the Best Happy Hour Gathering? We got you covered at HKGTA!

Ease into your evening at our private golf hitting station with Top Tracer technology and enjoy a special happy-hour menu of selected drinks & snacks for 3 hours





- 3 hours usage of Golf hitting stations
- 3 hours unlimited beverage package
- Top Tracer Golf Games Competition
  - Choose from our snacks menu
    - Free club rental
- Dedicated event planner to assist in all sports & events arrangement

#### For enquiries, please contact Events Team at 852. 3187 8909 /events@hkgta.com

- The offer is effective from now until 31 December 2023
- Not applicable on Saturday evening
- Subject to change without prior notice
- Hong Kong Golf & Tennis Academy reserves the right of final decision in case of any disputes







#### The More The Merrier

• We can cater up to 20 persons, with an additional HK\$500 net per person

• Additional golf coach at HK\$4,500 net per hour to elevate your group

experience (1 coach for 6 players)

#### Win excellent prizes for your guests

Make your game more exciting and competitive by gifting some of our HKGTA exclusive gifts

<sup>\*</sup>The coach is subject to availability & HKGTA's final confirmation





# DRIVING NEW ADVENTURES

HKGTA's Golf Teams swing into action as they tee off in Dongguan

After years of eager anticipation, the HKGTA's Golf team's dreams of an off-site excursion to Mission Hills were put on hold due to unforeseen travel restrictions. But like the patient golfer who waits for the perfect shot, they bided their time, practicing at The Academy, knowing that the delay only heightened their excitement. Last May, their moment arrived, and led by their visionary coach, David, they took on the golfing challenge. Amidst the rolling greens of Mission Hills, they honed their skills, forged new bonds of camaraderie, and experienced a journey of learning and growth that will remain for years to come. The trip was a huge success and we spoke to some of the participants to find out more about their experiences.

Playing on a new course was a highlight of the off-site excursion. For Coach David, who has taught golf for many years, observing players on the course is a crucial part of teaching. " For me it's been three and a half years trying to get the team out onto a golf course. From all my years teaching the game, it is an essential part of teaching being able to see how the players perform on course," he explained.



Julie was elated to experience the challenging courses that Dongguan had to offer. "The most exciting part of the off-site excursion would be getting to know more people in the golf teams and being able to play different courses every day to experience different courses that we usually wouldn't experience in Hong Kong," she exclaimed.

Chris felt fortunate to play outside of Hong Kong, and he reflected on the differences between the two locations. "I feel very blessed to play golf outside of Hong Kong; Dongguan has much more resources which we can access," he observed.

Damon found the golf courses in Dongguan more exciting than the ones in Hong Kong, relishing the opportunity to play on new courses that were larger and more challenging. "The most exciting part was that I got to play on new golf courses with my teammates."



The Golf Teams not only had the opportunity to play in a new environment but also to perfect their game with the guidance of experienced coaches. For Coach David, closely observing players' decision-making during the game is critical to their skill development. "We wanted the team members to play seriously and treat it like a tournament so that we can see how the perform under a little added pressure," he emphasised. "The help that we can provide for them on course during this trip is massive as a result of watching their decision making and how much certain things affect their games, weather, pressure, sloping lies, long grass, slow greens."

Beyond golf, the participants learned valuable life lessons. Coach David believes that golf is a gruelling sport that requires perseverance, something he hopes to instil on the team stating, "Playing golf is a slog, a grind, and a fight for every single shot for the five hours you're out there. You have to work for your score."









Meanwhile, Julie honed her time management skills, learning how to balance golf sessions and free time effectively. Chris found joy in the chaos and fun of sharing a room with a friend, building lasting bonds beyond the course. Damon, on the other hand, learned to live independently in a hotel room without his parents, discovering a new found sense of responsibility.

Through the valuable lessons, fun and games, obstacles and challenges, the team had a blast together, both on and off the golf course. They relished dining as a team and playing mini-golf in their leisure time. "My favourite memory from the tour would be eating together as a whole team and having the opportunity to play different courses every day," Julie reminisced.

In the end, the HKGTA's off-site excursion tour was more than just a golfing experience. It was a journey of perseverance, skill-building, and personal growth for the young golfers who participated. From learning new techniques on the course to discovering valuable life lessons, each participant came away with a deeper appreciation for the sport and a newfound sense of confidence and determination.

The team's camaraderie and shared experiences were evident in their enthusiasm for the tour. When asked if there was anything he would change about the experience, Damon replied, "I wouldn't change anything about this experience because I thought it was a good trip." His sentiment echoed that of the team, as they had all enjoyed the tour immensely.



# TUESDAY LADIES' CLINIC

# WITH COACH AARON SY



Join Coach Aaron to refine all areas of your golf game including:

- Bunker Shots
- Swing Fundamentals
- Sloping Lies
- Chipping & Pitching

And More

HK\$3,600 per Patron per series of 4 lessons

Every Tuesday 9:00am - 11:00am

Optional Breakfast with Coach Aaron at 8:30am

Enquiries: 852. 3959 0044 or golf@hkgta.com



### **Congratulations**

#### To Our Junior League Team On Their Great Achievements!

Vienna Lai | Kai Thompson | Brandon Wong | Lucas Lee | Charlotte Lam | Chloe Wong | Sera Park | Ji Ho Leong | Jaden Chui | Kana Leung | Jane Ham | Joshua Chui | Haelyn Chu | Natalie Hui | Leanne Lee | Ewan Lee | Sophia Xue











# TENNIS PRIVATE LESSON PROMOTION

BUY ONE AND ENJOY 50% OFF FOR THE 2ND LESSON

PRICE:

HK\$1,000 / PATRON / HOUR

WEEK 1: 29 MAY - 2 JUNE
WEEK 2: 5 - 9 JUNE
WEEK 3: 12 - 16 JUNE
WEEK 5: 26 - 30 JUNE

#### **TERMS & CONDITION**

\*Additional Pax Fee - HK\$100 / Hour / Player

\*Indoor Court Fee - HK\$100 / Hour

\*Guest Fee - HK\$300 / Hour / Player

\*Week by Week Promotion (5 Weeks)

\*Lessons will be charged per week

\*Both Lessons must be in the same week

\*Applicable on weekdays only

\*Coaches subject to availability

\*Applicable to Same Patron or same player group

For further enquiries and enrolment,
please contact us at

852. 6772 1691 or tennis@hkgta.com.



#### GASTRONOMY LAB KIDS BAKING PARTY

## Packages start from HK\$18,000

Usage of the Gastronomy Lab for 3 hours Children sports catering menu (20 pax) 2 hours Baking Class for 8 kids Complimentary parking for up to 10 cars





#### Humansa

### **MYOFASCIAL RELEASE & STRETCHES**



DAY	DATE	TIME	VENUE	PRICE
Saturday Saturday	8, 15, 22 & 29 July 8, 15, 22 & 29 July	3:30pm – 4:30pm 4:30pm – 5:30pm	Salon Salon	HK\$600 (4 Lessons) HK\$600 (4 Lessons)
				*For aged 12 and above

#### **Purposes**

- 1. Relaxation and feeling refreshed
- 2. Improve balance, mobility, flexibility and strength
- 3. Improve posture

#### Content

Make use of rope, chair and yoga mats

- 1. Supine position stretches
- 2. Full body stretches in sitting position
- 3. Standing stretches

#### Single Lesson Enrolment HK\$250 / lesson

For enquiries, please contact us at 852. 3959 0052 or fitness@hkgta.com

Cancellation has to be made to Fitness Team 24 hours in advance

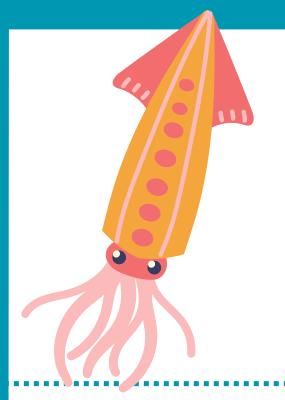


**Enrol Now!** 



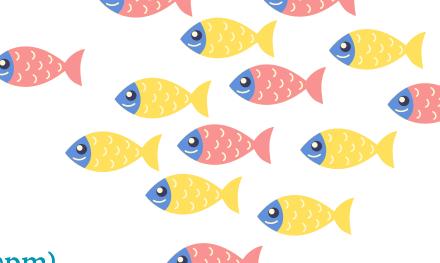
Alvin Batad Senior Stretch Therapist

With more than 20 years of working experience in the field of Physiotherapist, Rehabilitation Therapy, and Fitness & Gym Center. Alvin is one of the most experienced Stretch Therapists in Asia.









Every Public Holiday, Saturday & Sunday (1:00pm - 5:00pm)

Week 1

1 July (Saturday) - Approximately 45 mins

• Draw Your Own Windmill - HK\$150/ Patron HK\$225 / Patron's guest

1

2 July (Sunday) - Approximately 40 mins

• 3D Wooden Puzzle - HK\$150/ Patron HK\$225 / Patron's guest

Week 2

8 July (Saturday) - Approximately 55 mins

• DIY Flowers Bouquet - HK\$180 / Patron HK\$270/ Patron's guest

2

9 July (Sunday) - Approximately 45 mins

• Build Your Own Wooden Tower - HK\$150/ Patron HK\$225/ Patron's guest

Week 3

15 July (Saturday) - Approximately 50 mins

• DIY Mosaic Photo Frame - HK\$180/ Patron HK\$270/ Patron's guest

3

16 July (Sunday) - Approximately 45 mins

• Create Your Own Shell Painting - HK\$180 / Patron HK\$270 / Patron's guest

Week 4

22 July (Saturday) - Approximately 40 mins

• Make Your Own Cake - HK\$180/ Patron HK\$270/ Patron's guest

4

23 July (Sunday) - Approximately 40 mins

• DIY Wind Chimes - HK\$150 / Patron HK\$225 / Patron's guest

Week 5

29 July (Saturday) - Approximately 40 mins

• Build an Animals Planet - HK\$150/ Patron HK\$225/ Patron's guest

5

30 July (Sunday) - Approximately 50 mins

• Design Your Own Dream Car - HK\$180 / Patron HK\$270 / Patron's guest

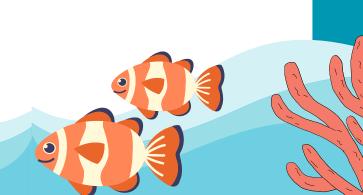
Package: HK\$800 / 5 Workshops / Patron\*

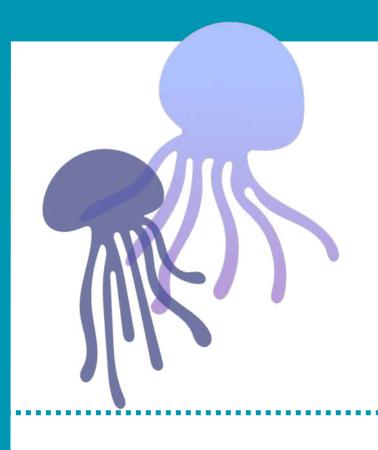
Package: HK\$1,200 / 5 Workshops / Patron's guest\*

For enquiries or enrolments:

852. 3187 8953 or kidszone@hkgta.com

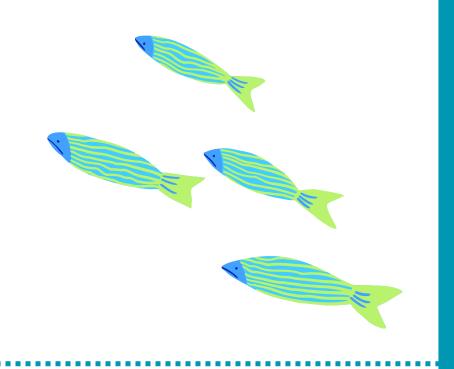








### JULY KIDS ACTIVITIES **Workshops Reference**



Draw Your Own Windmill

3D Wooden Puzzle DIY Flowers Bouquet Build Your Own Wooden Tower









**DIY Mosaic Photo Frame** 





**Create Your Own Shell Painting** 





Make Your Own Cake





**DIY Wind Chimes** 





Build an Animals Planet





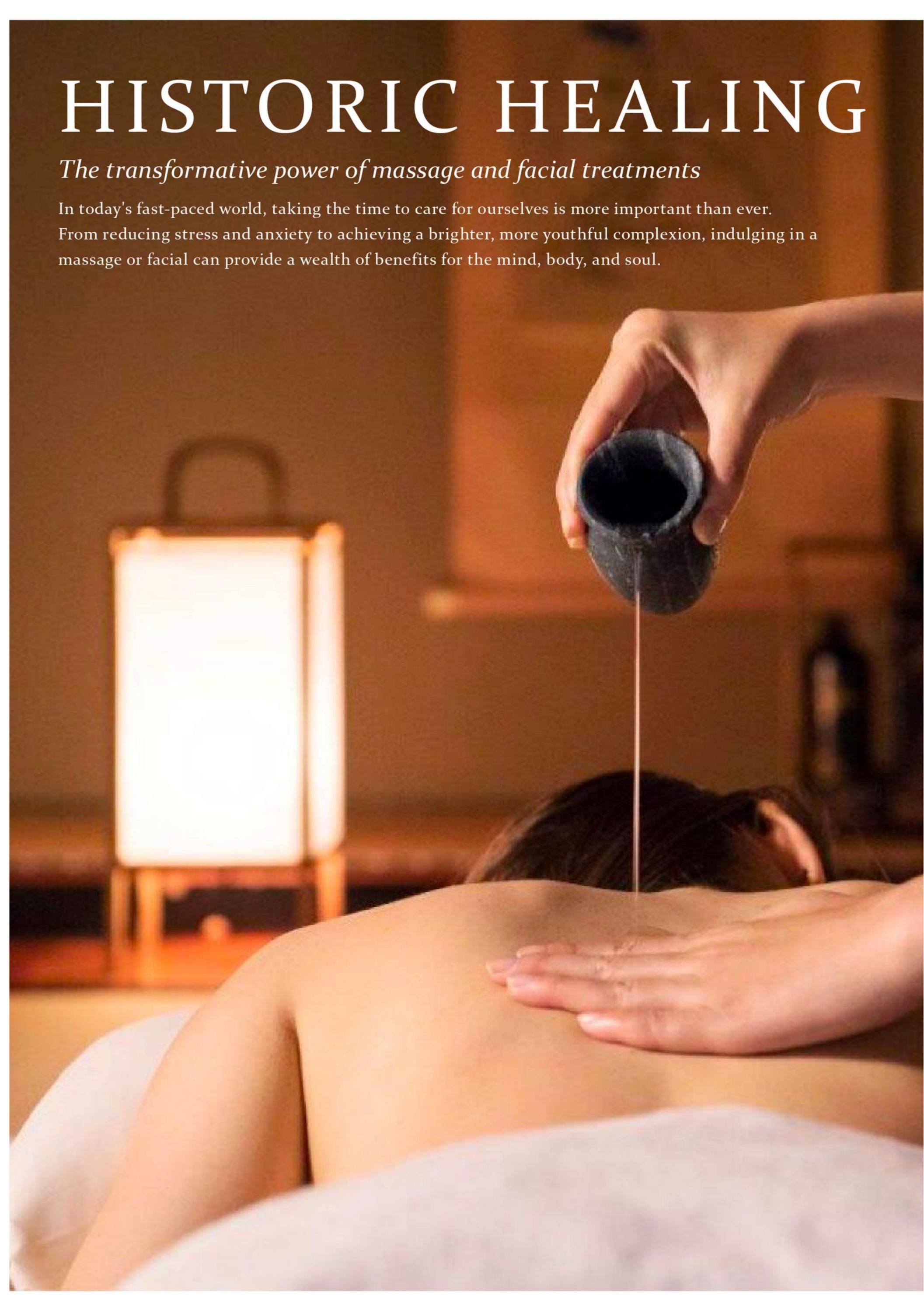
Design Your Own Dream Car



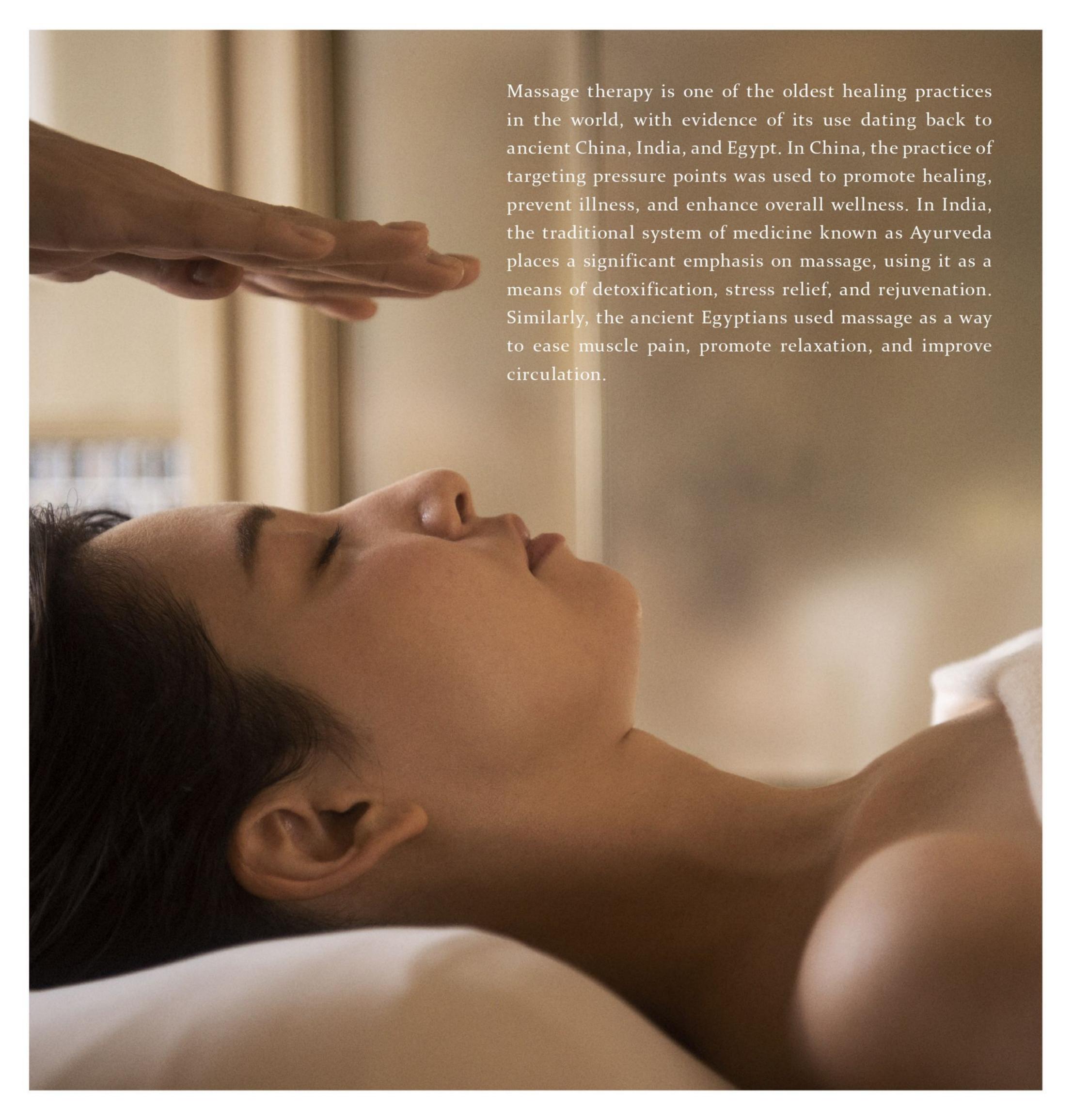
\*Photo is for reference only\*









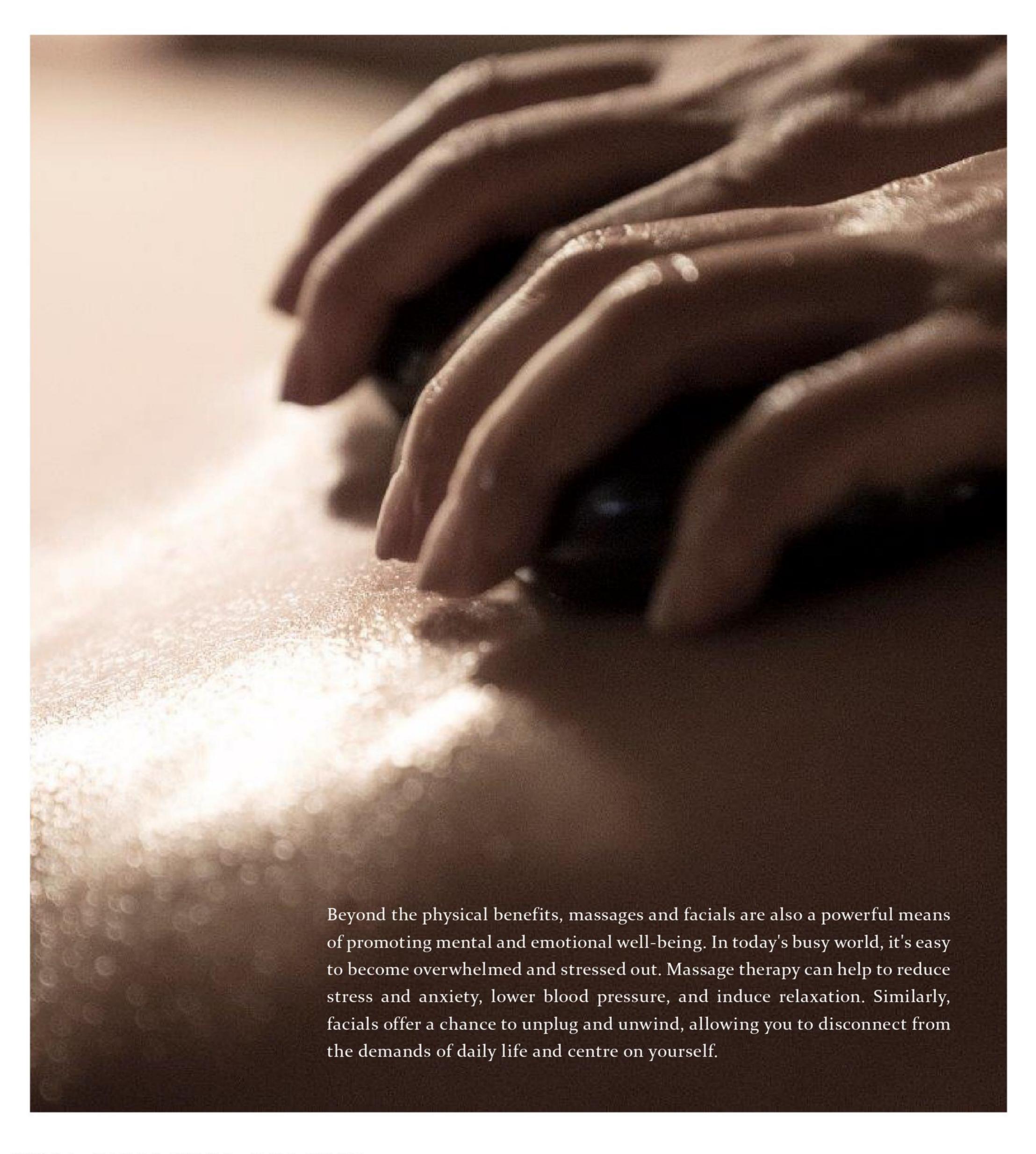


Over time, massage therapy has evolved and been adapted to suit different cultures and needs. In the West, Swedish massage has become the most widely practiced form of massage therapy. It involves long, flowing strokes, kneading, and circular movements, all aimed at promoting relaxation, boosting circulation, and reducing tension. Other popular forms of massage include deep tissue massage, which targets the deeper layers of muscle tissue, and sports massage, which is used to help athletes recover from injuries and enhance performance.

Similarly, facials have a rich history dating back to ancient times. The ancient Egyptians were known to use a variety of ingredients, such as honey and milk, to keep their skin looking youthful and radiant. The Greeks and Romans also placed a significant emphasis on skincare, with wealthy women using a variety of oils and perfumes to maintain a beautiful complexion. In Japan, geishas were known to use a variety of natural ingredients, such as rice flour and seaweed, to keep their skin looking flawless.

Today, facials have become a popular way to care for the skin and are offered in a variety of forms, from deep cleansing to anti-aging treatments. They typically involve a series of steps, including cleansing, exfoliation, extraction, and moisturisation, all aimed at promoting healthy, glowing skin. Many facials also include a facial massage, which can help to stimulate circulation, reduce puffiness, and promote relaxation.

At THIA Wellness, we understand the importance of self-care and offer a range of bespoke facials and massages tailored to your unique needs. Our skilled therapists use only the finest products and award-winning skincare brands to ensure that you receive the ultimate pampering experience. Regular facials can help maintain a healthy, glowing complexion, while massages can be used for everything from pain management to overall well-being.





ISSUE 39 / JULY 2023

### 5 Benefits of Regular Massages and Facials

The benefits of massage and facials are as timeless as the practices themselves. From ancient China to modern-day spas, these treatments have been refined and perfected over thousands of years to provide a range of benefits. By indulging in the art of self-care, we can take a moment to pause, reflect, and nurture ourselves, resulting in a happier, healthier, and more radiant version of ourselves.

### For Massages:

- 1. **Stress Relief**: Massages help reduce tension, calm the mind and reduce anxiety.
- 2. Pain management: Massages can help alleviate pain, soreness, and tension in your muscles.
- 3. Improved Circulation: Massages enhance blood flow and oxygen supply, supporting overall health and wellness and mental clarity
- 4. Boosted Wellness: Regular massages can enhance your immune system, improve energy levels and reduce pain and inflammation, helping you feel your best.
- **5. Soothed Muscles:** Regular massages can help relieve muscle soreness and improve flexibility and range of motion.





### For Facials:

- 1. **Deep Cleansing:** A facial is a chance to give your skin a deep cleanse, removing dirt, oil, and other impurities that can clog pores and lead to breakouts.
- Get a Boost of Hydration: During a facial, the skin is treated with nourishing creams and masks, providing deep hydration and leaving the skin feeling soft and supple.
- 3. Improved Product Absorption: Regular facials help to prepare the skin for product absorption, allowing you to get the most out of your skincare products.
- 4. Younger-looking Skin: Regular facials can help to delay the signs of aging, it can help to stimulate collagen production, reducing the appearance of fine lines and wrinkles caused by stress. leaving you with smoother, clearer, and more youthful-looking skin.
- 5. Relax and Recharge: Facials can be a relaxing and pampering experience, helping to relieve stress and promote a sense of wellbeing. The gentle massage and soothing products used during a facial can help soothe the mind and body, leading to a more relaxed and refreshed feeling.

**TIP:** It's recommended to have a facial every 4 to 6 weeks to maintain healthy skin, and to ensure maximum product absorption. Unlock the secret to gorgeous, healthy skin with regular facials. At THIA Wellness, we offer a range of bespoke facials to suit your individual skin needs and use only award-winning skincare brands and finest products to give you the ultimate pampering experience.

Contact THIA for our complete spa menu. Reservations are required. To book, please contact Wellness at 852. 3959 0015 or email wellness@hkgta.com.



### YOGA

### WELLNESS RETREAT

2 days & 1 night yoga retreat is back! This retreat combines the physical practice of yoga with the calming practice of meditation, creating a holistic approach to wellness that can benefit everyone, while providing an opportunity for personal growth. Our certified instructors will guide you through each session, helping you release stress and tension while increasing your physical strength and flexibility, leaving you feeling refreshed, relaxed, and centred.

21 - 22 July 2023

25 - 26 August 2023 (Friday & Saturday)

For 1 Night Accommodation & 2 Half Days
4.5 hours of Yoga and Meditation
1 x Dinner | 1 x Breakfast

HK\$2,688 / Package / Patron



Reservation for this package must be made 7 days in advance and need to wait for HKGTA to confirm.

For reservations or enquiries, please contact us at 852. 3187 8900 or your dedicated Manager from Academy Experience team or email to ae@hkgta.com



### YOGA WELLNESS RETREAT

21 - 22 July 2023

### DAY 1

TIME	ACTIVITES
3:00pm 3:30pm 4:00pm - 5:00pm 5:00pm - 6:00pm 6:00pm - 7:00pm 7:15pm - 8:15pm	Check in Welcome Tea Aroma Stretch Break Healthy Dinner Gong Meditation

#### DAY 2

TIME	ACTIVITES
8:00am - 8:45am	Healthy Breakfast
9:00am - 10:00am	Yoga Wheel
10:00am - 10:45am	Break
11:00am - 12:30pm	Nature Therapy Walk
12:30pm	Farewell

#### T&Cs

-One-night accommodation per selected room type, HKGTA to decide on assigned Room types -Daily breakfast at Cafeteria (according to no. of Patrons who enrolled in the package) -One hour access to Golf Hitting Stations or Tennis Courts -This Offer can only be used within promotion period, from now till 31 December 2023 -No early bird rate and no birthday offer applied, cannot use this offer in conjunction with any other offers -The package will be hold when we have 8 Patrons enrolment, inadequate of Patrons enrolment may lead to package cancellation and full refund -Limited space available -On a first-come, first-served basis



## YOGA WELLNESS RETREAT

25 - 26 August 2023

#### DAY 1

TIME	ACTIVITES
3:00pm	Check in
3:30pm	Welcome Tea
4:00pm - 5:00pm	Aroma Stretch
5:00pm - 6:00pm	Break
6:00pm - 7:00pm	Healthy Dinner
7:15pm - 8:15pm	Gong Meditation

#### DAY 2

TIME	ACTIVITES
8:00am - 8:45am	Healthy Breakfast
9:00am - 10:00am	Yoga Movement
10:00am - 10:45am	Break
11:00am - 12:30pm	Nature Therapy Walk
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#### WELLNESS CLASS SCHEDULE July 2023

	SATURDAY	SUNDAY
10:00am – 11:00am	Aerial Yoga Stretch with Crystal	Yoga Flow with Kaman
11:15am – 12:15pm	Aerial Yoga Therapy with Crystal	Full Body Yoga Stretch with Kaman
2:00pm – 3:00pm	Summer Mini Yoga* (Aged 4-11)	Aerial Yoga Therapy with Crystal
3:15pm – 4:15pm		Aerial Yoga Pilates with Crystal

HK\$350 / Patron / Session | HK\$500 / Patron's Guest / Session HK\$1,200 / Patron / 4 Pre-paid Sessions Patrons must be aged 16 and above

\*Summer Mini Yoga\*

8,15,22 & 29 July (Saturdays) 2:00pm – 3:00pm HK\$350 / Patron / Session HK\$500 / Patron's Guest / Session \*For aged 4 -11

Please reserve 48 hours in advance Cancellation must be made 48 hours in advance

Reserve Your Place Now! 852. 3959 0015 / wellness@hkgta.com



#### THIA SIGNATURE 60-MINUTE OR FACIAL 60-MINUTE

HK\$688 / PATRON HK\$860 / PATRON'S GUEST

#### THIA SIGNATURE 90-MINUTE

HK\$1,088 / PATRON HK\$1,360 / PATRON'S GUEST

Please reserve 48 hours in advance. Cancellation has to be made 48 hours in advance.

For reservations and enquiries, please contact Wellness team at 852. 3959 0015 / wellness@hkgta.com

### PATRONS PRIVATE EVENT

Looking for a fun and exciting way to entertain your little ones? Look no further! Arrange a private event for your kids and their friends with a series of workshops and activities.

#### ACTIVITIES TO CHOOSE



LASER TAG

#### Minimum Charge:

- HK\$2,800 / 8 pax
- Add HK\$350 / extra pax



KIDS WORKSHOPS

#### Minimum Charge:

- HK\$2,400 / 5 pax
- Add HK\$480 / extra pax

#### **Workshop Content:**

Turkish Mosaic Lamp,
Art Jamming, Moss Art,
Scented Candle and more!



#### JUNIOR CHEF

#### Minimum Charge:

- HK\$4,400 / 8 pax
- Add HK\$550 / extra pax

#### **Cooking Recipe:**

Dark Chocolate, Roll Cake, Marshmallow Cookies, Cookie Tart and more!

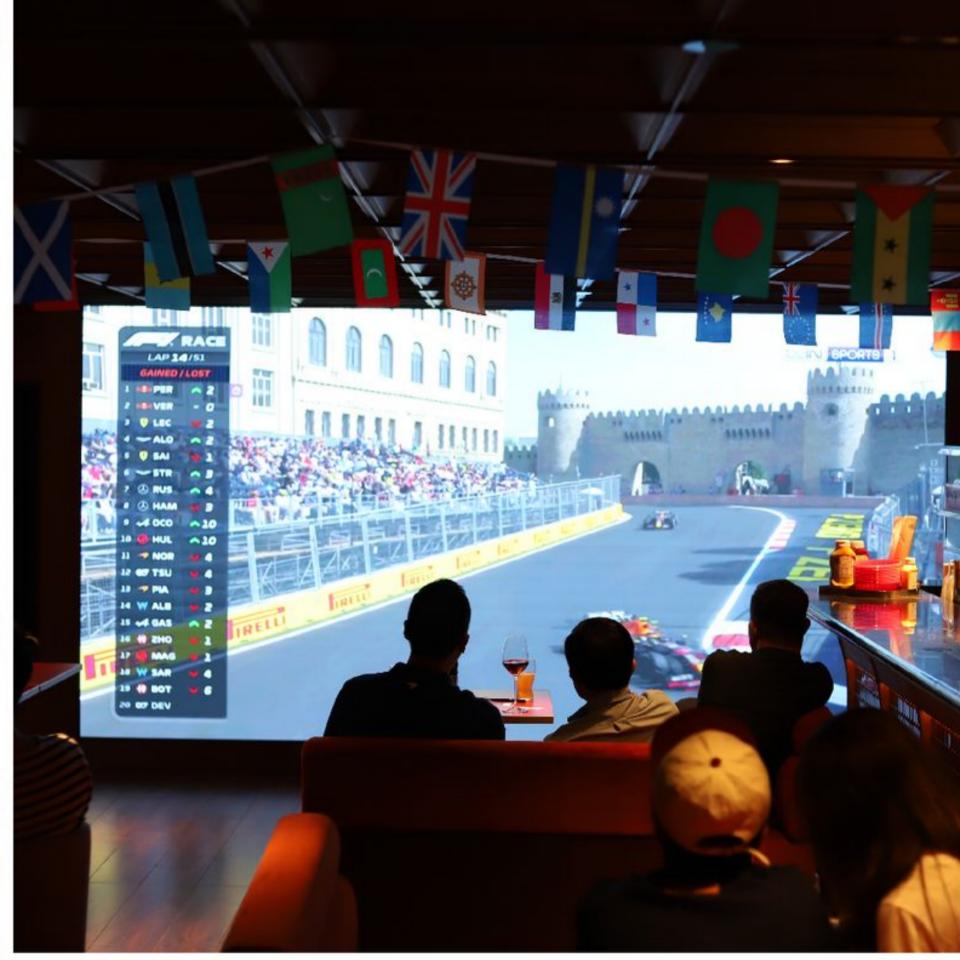
For enrolments or enquiries, please contact us at 852. 3959 0052 or your dedicated Manager from Academy Experience team or email to patronactivation@hkgta.com or ae@hkgta.com

### JUNE HAPPENINGS AT HKGTA TOWN CLUB

### MCLAREN F1 LIVE SCREENING

Patrons caught the excitement of Formula 1 racing with McLaren as they experienced the live on a big screen at The Major. The world's fastest and greatest drivers raced around the iconic circuit and Town Club was lit with excitement as viewers felt the adrenaline rush. McLaren generously presented two lucky guests with a limited edition Lando Norris autographed T-shirt and an exclusive McLaren Technology Centre Factory Tour. There's still a chance to win these amazing prizes and more, so stay tuned for more news on races and exclusive events in the months ahead.





### EXPLORING THE FUTURE OF CHATGPT AND GENERATIVE AI

Patrons listened in on the latest developments in the field of AI and gained insightful new information about the potential for new breakthroughs in technology at the tech event hosted by Town Club. Expert speakers Keith Li of Innopage and Ivan Lau of Pantheon Lab shared their knowledge and foresights of the bourgeoning industry. The event provided valuable information on the current state of the art in generative AI and its potential impact in various fields. The experience gave Patrons an insider scoop and helped answer any questions they had about the prospects on the future of AI.

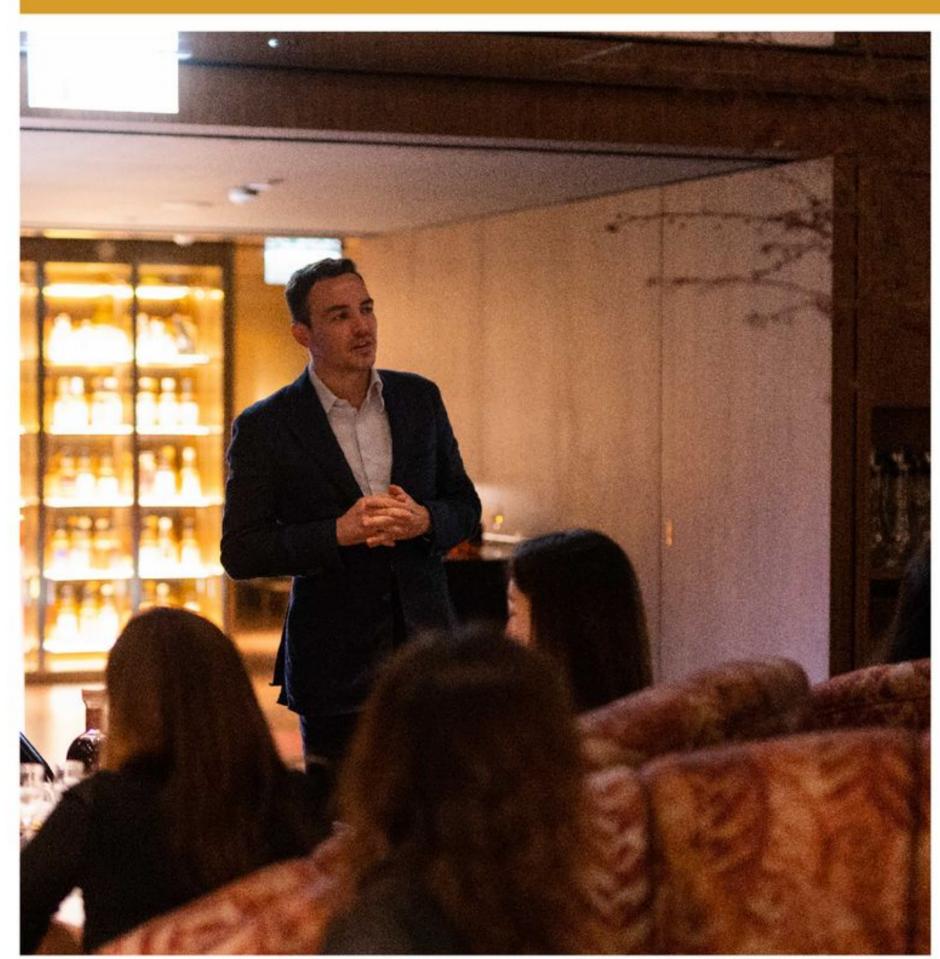






### STORIES BEHIND RARITY WITH THE GLENROTHES WHISKY

Highlighting The Glenrothes 40 Year Old Quantum Single Malt Whisky, Town Club's Saffron hosted an unforgettable evening of indulgence a sumptuous pairing dinner on 25 May. Patrons and their guests had the rare opportunity to savour the rich and complex flavour profile of this unique range from the whisky makers. The expertly crafted five-course menu was a perfect complement to the notes of the whisky, taking diners on a tantalising journey from the first sip to the last bite. The event was an exemplary showcase of Town Club's appreciation of the art of whisky and fine dining.







### JUNIOR MASTER CHEF WORKSHOP - FATHER'S DAY EDITION

Last month, Town Club hosted a Junior Master Chef workshop that focused on creating a special Father's Day gift. Kids learned how to measure and time while making beer mug cakes for their dads and family to enjoy. The experience not only instilled kitchen confidence, but also encouraged creativity in the young chefs.









Whisky has a way of captivating the senses, transporting us to another time and place. It's a drink that's steeped in history and tradition, yet constantly evolving. At the heart of Town Club lies Whisky Box, a sanctuary for whisky aficionados. Here, exclusivity reigns supreme, as rare and collectible bottles provoke the senses, and the experience is just as exceptional as the whiskies themselves.





When curating their selection of whiskies, Whisky Box prioritises rarity and potential, ensuring that their patrons have access to unique and exciting options. Every bottle is carefully selected with a discerning eye. The highly sought-after bottles provide Patrons with an opportunity to experience something unique; while the promising bottles are expected to appreciate in the future. An example is the recently acquired Cophenhagen whisky from Denmark – aged for three-and-a-half years in virgin casks of Hungarian oak and 100% organic malted barley, the whisky exudes a full-bodied flavour of molasses and vanilla that will surely delight the senses.

Especially for those new to whisky, navigating Whisky Box's extensive selection can be daunting. With over 300 labels to choose from, Patrons are guided by experts to understand their preferences and personality before narrowing down the most suitable whiskies. To begin with, Patrons are presented with popular whiskies including Glenlivet, Macallan, Glenfiddich as a sample to familiarise with the spirit. To follow, stories of the makers and interesting topics like distillery background, provenance and history will be discussed. Once Patrons feel confident with their preference, Whisky Box will then bring out independent bottlers to give them a lasting impression on the full experience. Each visit varies with each guest as every experience is thoughtfully personalised for the utmost enjoyment.

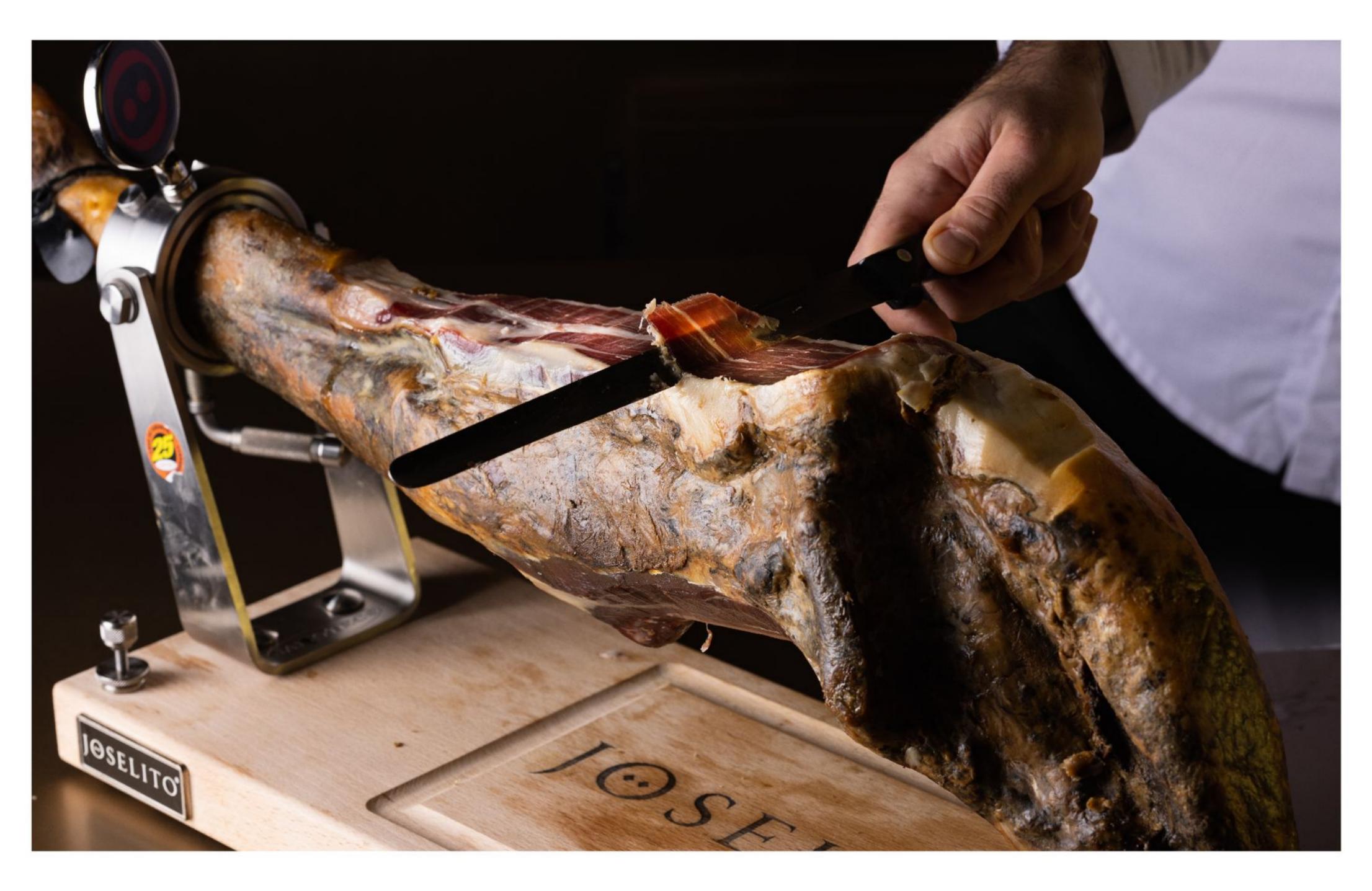


To enhance the experience, Whisky Box offers an elevated pairing opportunity to bring out the best of the spirit. Taking it up a notch from the commonly seen Chablis and Talisker with oysters, Whisky Box steps outside the realm of the rules to offer something exceptional. Experimenting with a variety of premium ingredients to create exquisite canapes (think caviar, chocolate and wagyu), we finally discovered the ultimate coupling of flavours in ham. Scouring the globe for the most decadent, Whisky Box now offers a tasting experience which pairs the savouriness and distinct profiles to shine light on particular whiskies.

As whiskies are complex in identity, they hold several compounds such as lactones and esters, much like the unique nuances brought forth through the process of aging ham. These compound elements are incredible on its own but is elevated when brought together with complimenting and contrasting profiles. Patrons can sink their teeth into the Joselito 36 month Iberico with Glendronach 15 Years which balances the complex layers and oloroso sherry cask nuances with the meatiness and nuttiness of Joselito. The Culartello di Zibello DOP 18 months on the other hand goes perfectly with the Dalwhinnie 15 Years as the Scottish distillery utilises a wormtub condenser to create a concentration of honey and floral notes which complements the soft texture of the Culartello. And finally, for those who appreciate tradition, La Prudencia Bellota Iberico 48 months goes down well with the Bushmill 16 Years as the oldest distillery remains true to its methods since its inception to give its whiskies strong caramel flavours and a medium textured bodied to round out the La Prudencia which is recognised for its subtle acorn aromas and unctuous features.



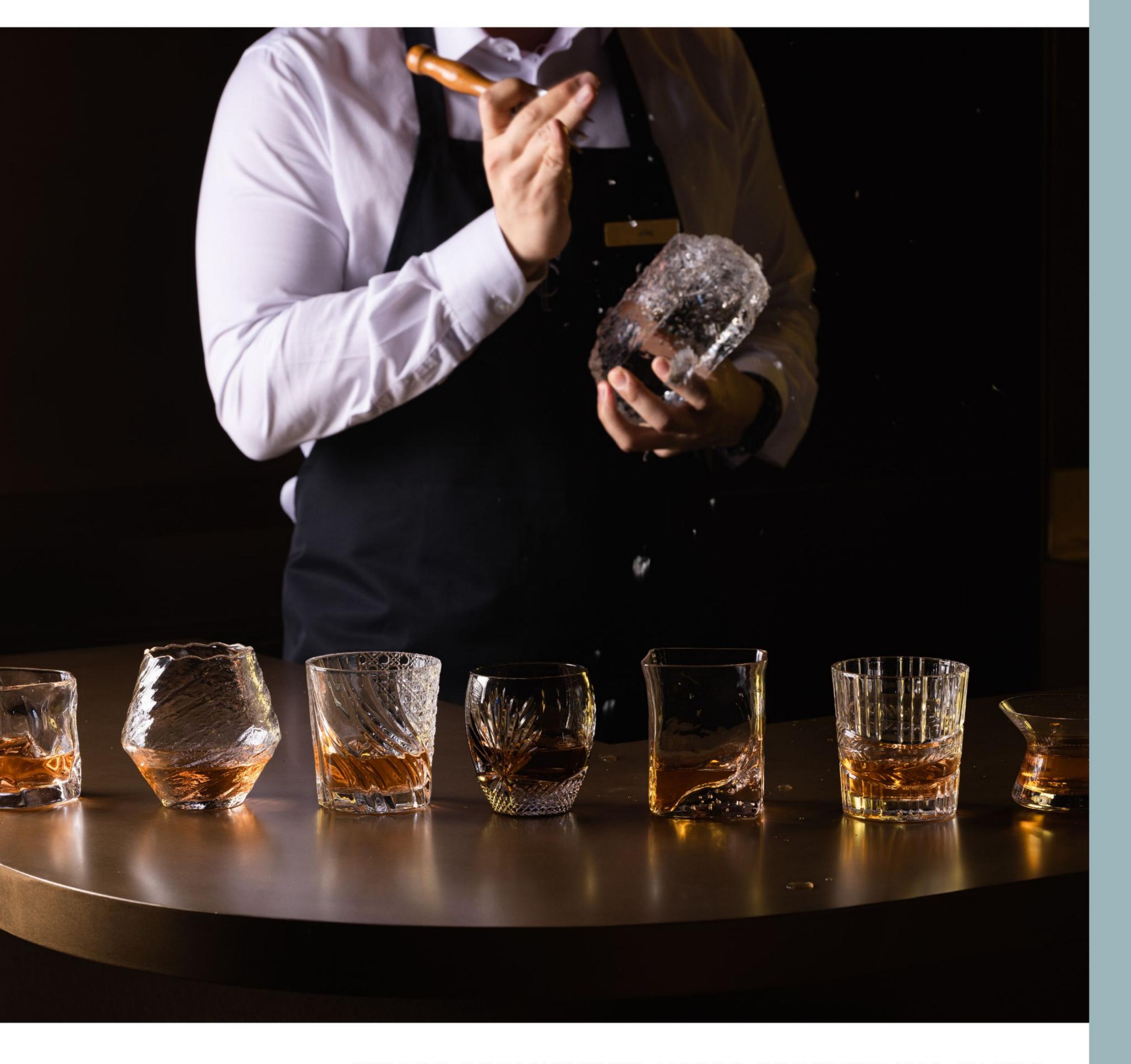






The current collection at Whisky Box is expansive. And while every bottle is appreciated for its distinct profile, one bottle is a current front runner at the lounge – The Macallan 1991, Fine and Rare Collection. This whisky gives off unbelievable sherry oak character such as dried fruit, nutmeg and also a hint of apple with long lingering notes of refined velvety sweetness.

Whisky Box is always on the hunt for exciting new bottles to offer its Patrons. Recently, a new collection has been introduced based on the preferences of guests. With a majority of Patrons leaning towards the likes of sherry cask and Islay peatiness, new whiskies joined the line up to offer an even wider variety of spirits holding those characteristics. Find under-the-radar vintages from rare release distilleries like Edradour and Benrinnes as well as more Islay Collection pieces like Port Askaig, Laphroaig 1988 The Syndicates, Ardbeg Committee edition and more. These highlighted whiskies are all extremely scarce and hard to find making it a truly unforgettable treat to try.



# A JOURNEY TO CAMPANIA DINNER



### MFNII

### CRUDO DI CAPPESANTE

Scallop Tartare, Roasted Artichoke Dressing, Avocado, Lemon Zest

Salvatore Martusciello, Asprinio D'aversa, Campania, NV

### ZUPPETTA DI PESCE

Seafood Soup of Octopus, Mussles, Clams, Parsley, Chilli Oil

I Favati, Greco Di Tufo, Terrantica Etichetta Bianca, Campania, 2010

### SPAGHETTI ALLA PUTTANESCA DI SCAMPI

Spaghetti, Puttanesca Sauce, Capers, Olives, Scampi Crudo

Guido Marsella, Fiano Di Avellino, Campania, 2009

### QUAGLIA ALLA BRACE

Roasted Quail, Turnip Tops Sauce, Quail Jus, Broccolini

Perillo, Taurasi Riserva, Campania, 2007

### ZUPPETTA NAPOLETANA

Diplomatic Pastry Cream, Amarene Cherry

PETIT FOURS

Experience a culinary adventure like no other as your senses will be transported to the beautiful region of Campania with our special dinner.

Immerse yourself in the diverse flavours and aromas of Campania's renowned wines, expertly paired with a delectable five-course meal prepared by Chef Marcello, a native of Naples and a renowned expert in Campanian cuisine.

DATE PRICE

Friday, 21 July HK\$1,150 per Patron

TIME VENUE From 7:30 pm Saffron







## F1 AUSTRIA GRAND PRIX LIVE

Partnering with McLaren, get ready for pulse-pounding action from the F1 Austrian Grand Prix on our big screen. Witness world-class drivers tackle the iconic circuit and stand a chance to win an exclusive ticket for the McLaren Technology Centre Factory Tour.

### LIVE SUNDAY

DATE

TIME

2 July

9:00 pm



# IMPERIAL ART OF PRECISION BEAUTY & WELLNESS EVENT



### GUERLAIN PARIS

You are cordially invited for an immersive luxury beauty & fragrance retreat in partnership with Guerlain.

To discover the secret of infinite skin longevity and uncover your olfactive emotions inspired by the art of high perfumery, delight in a series of exclusive workshop & experiences, and enjoy the ultimate in relaxation with the signature Imperial Hand Massage.

DATE

Monday, 10 July 2023

TIMESLOT

A:10:30 am - 11:30 am C: 2:00 pm - 3:00 pm

B:11:30 am - 12:30 pm D: 3:00 pm - 4:00 pm

VENUE

Vamos & Greats

# YAKUMO SUSHI DAY



Every Wednesday in July, join us to experience the art of sushi-making and indulge in a delectable sushi set for just \$690.

Our skilled chefs expertly craft each piece of sushi using the freshest and finest seafood available.

DATE
Every Wednesday

TIME
Lunch & Dinner

VENUE Yakumo

### ISAAN NIGHT



Northeast Thailand, or Isaan, is a region that is celebrated for its vibrant culture and unique culinary heritage. The secret to Isaan cuisine lies in combining sour, spicy and sweet in perfect harmony, balanced by fragrant herbs. On this night, Chef Thanit promises to take you on a culinary journey deep into the Isaan soul through his passionately prepared dishes.

DATE Friday, 7 July

TIME
From 6:00 pm

PRICE \$780 per Patron

VENUE
Teak House

## STEAK & FRITES



DATE

TIME

PRICE

Friday, 14 July

\$680 per Patron

Thursday, 27 July

VENUE

From 6:00 pm

Saffron

Let us transport you to the bustling brasserie in Paris. Join us to enjoy a simple menu featuring succulent Australian Black Angus Ribeye Steak paired with unlimited crispy fries for an elevated L'Entrecôte steakhouse experience.

# MEDITERRANEAN NIGHT FEATURING GUEST CHEF TAREK ELIAS



For one night only, Teak House is honoured to host renowned Chef Tarek Elias for an exclusive evening of Middle Eastern Mediterranean cuisine crafted with innovative artistry.

With over a decade of culinary mastery spanning New York, Tel Aviv, and Beirut, Chef Elias brings the tantalizing aromas to life, creating dishes that transport guests on a gastronomic adventure.

DATE
Friday, 28 July

TIME
From 6:00 pm

PRICE \$780 per Patron

VENUE
Teak House



## WHISKY SOCIETY



Join us for a luxury community where the drams are divine, and the pours never cease.

With an annual fee of HK\$2,000, connect with like-minded souls and

enjoy access to a host of exclusive privileges:

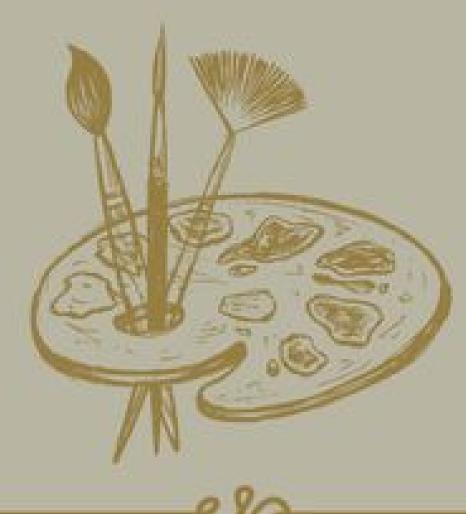
- · Complimentary selected snack per table on each visit
- Birthday Offer Complimentary one (1) bottle of selected Whisky of the Month
- Purchasing any two (2) bottles, the lower-priced bottle will receive 5% discount for \$4000 and below while 8% discount for \$4000 above
- 50% off on Whisky Masterclasses
- 50% off on Whisky Dinner

booms



### JULY MONTHLY HIGHLIGHTS

Summer is in full swing, and July is packed with exciting events for Patrons to enjoy. From Summer Flow Art Workshop to Comedy Night, get ready to explore all the happenings in Town Club.



ART

### SUMMER FLOW ART WORKSHOP



Discover the joy of art flow and express yourself in a creative way. Artist Boroka Kopacz will started with a guided meditation, followed by an art workshop.

\*Kids aged 8 or above are also welcome

HOST

PRICE

Boroka Kopacz

Complimentary for Patrons

DATE

VENUE

Wednesday, 5 July

Vamos

TIME

10:00am - 12:00pm

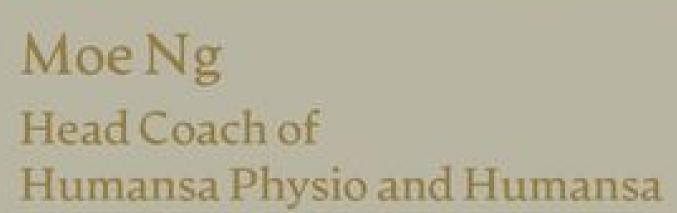


ACADEMY CHAT

### "THE FIRST WEALTH IS HEALTH" -

HOW EXERCISE AND NUTRITION PLAY CRUCIAL ROLE IN IT







Crimson Cheung
Accredited Practising Dietitian

In this talk, join us to learn about the importance of exercise for a healthy and active lifestyle. Humansa experts will provide valuable insights, tips, and strategies for incorporating exercise into your daily routine, regardless of your fitness level or experience.

DATE

PRICE

Tuesday, 11 July

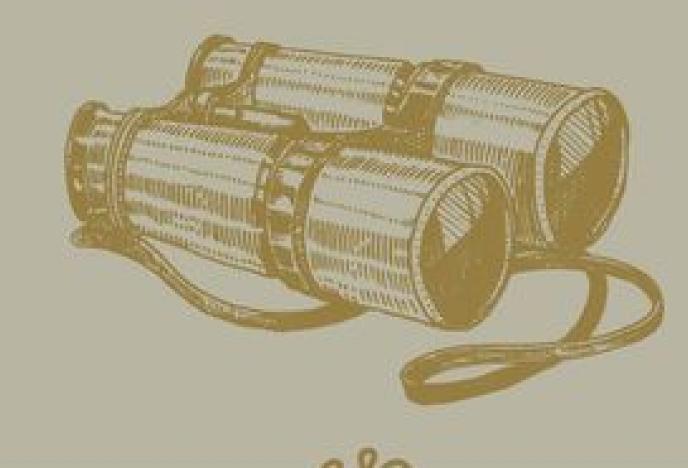
Complimentary for Patrons

TIME

VENUE

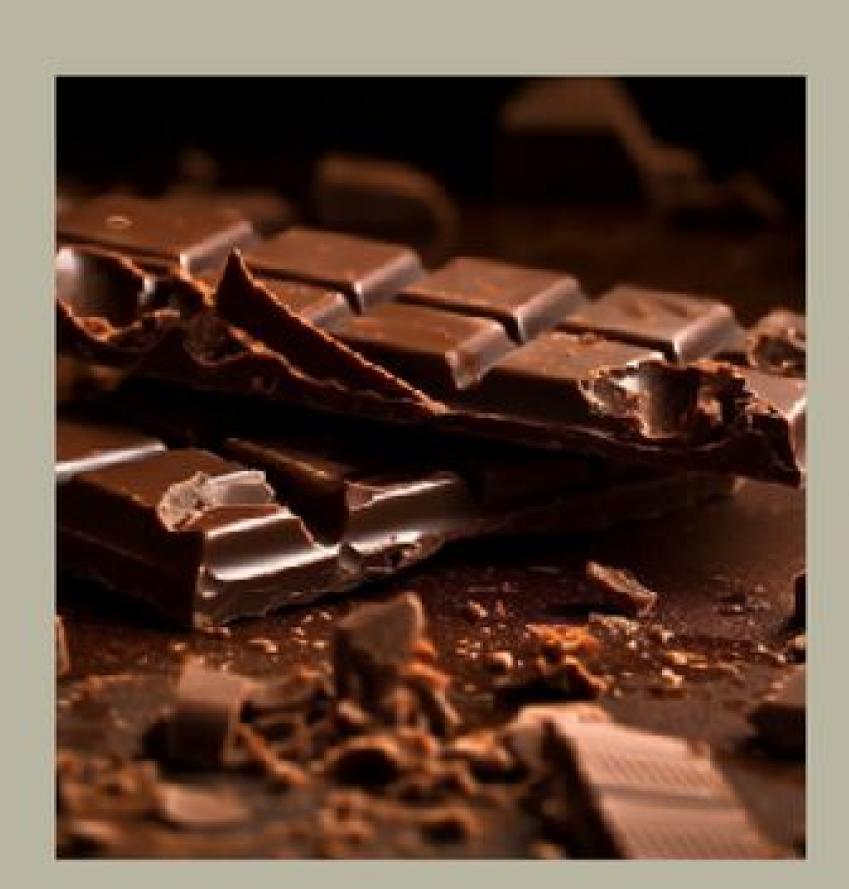
7:00pm - 8:00pm

Greats



EXPERIENCE

# CRAFT CHOCOLATE MASTERCLASS



Explore the world of craft chocolate and discover the rich flavours of premium chocolate from Asian makers hosted by Christy Chan, the First Female Professional Chocolate Taster with International Institute of Chocolate & Cacao Tasting (IICCT) Certificate in China.

HOST

PRICE

Christy Chan

Complimentary for Patrons

DATE

VENUE

Friday, 7 July

The Major

TIME

7:00pm - 8:00pm



ENTERTAINMENT

### COMEDY NIGHT



Laughter is the best medicine, and we have just the prescription for you! We are thrilled to invite you to our upcoming comedy night hosted by Jordan Leung.

DATE

PRICE

Tuesday, 18 July

Complimentary for Patrons

TIME

VENUE

8:00pm - 9:00pm

Safari Bar

# DELIVERY TO YOUR DOORSTEP MORTLACH



This month, savour Mortlach, the robust Speyside malt whiskey known as 'The Beast of Dufftown'. Its complex flavour promises a complex, lingering sipping experience unlike any other. Free delivery for orders over HK\$2,000.

Mortlach 12 Years Old \$600 Mortlach 15 Years Old \$930 Mortlach 20 Years Old \$2,500

# DELIVERY TO YOUR DOORSTEP SOUTH AFRICAN WINES



Savour the best of South African wines this month, with their impressive balance of elegance and power, and a range of flavours that perfectly complement any dish. Free delivery for orders over HK\$2,000.

WHITE Thorne & Daughters, Cat's Cradle Chenin Blanc, Swartland, 2021 Bellingham, Homestead Chardonnay, Stellebosch, 2020	\$260 \$160
RED Meerlust, Rubicon, Stellebosch, 2018 David & Nadia, Elpidios, Swartland, 2017	\$280 \$240
SWEET Klein Constantia, Vin de Constance, Constantia, 2016	\$780

