INSIDER

ISSUE 3

MAY 2023

CELEBRATING OUR LEADING LADIES

HONOURING MOTHERS
THROUGHOUT THE MONTH OF MAY



ACADEMY BULLETIN

Dear Patrons.

As we enter the month of May, we are thrilled to present an exceptional line-up of activities and festivities for your indulgence. Before delving into the specifics, we would like to take a moment to pay tribute to the tireless efforts of all the mothers at HKGTA. With their unwavering love, support, and guidance, they are a credit to our esteemed community.

CELEBRATING THE MOTHER'S OF HKGTA

In honour of Mother's Day, we have curated an exquisite range of experiences for you and your loved ones. Indulge in a luxurious sportcation package in our Grand Suite, complete with a 60-minute signature massage by THIA Wellness for both mother and daughter. Alternatively, treat the queen of the family on Mother's Day to a sumptuous buffet brunch at the Cafeteria, featuring a delectable selection of indulgent items and restaurant classics. Each reservation includes a complimentary meal for mom, a 15-minute hand massage at Guerlain and a gift with any purchase at Guerlain Kl1 Musea and Lane Crawford stores. For an unforgettable night out, join us at Fan Guan from 1 to 14 May, for a Queen's Feast. Our chefs have crafted a bespoke menu featuring roasted suckling pig, double-boiled fish maw soup with silky fowl, and steamed fried rice with chicken and duck wrapped in lotus leaf amongst other delectable dishes.

ACTIVITIES FOR THE LITTLE ONES

Young Patrons will also have a plethora of exciting activities to look forward to this month. Our Kids Zone workshop offers a unique opportunity for children to unleash their creativity with Balloon Light in the Sky workshop and Clay Planting. Meanwhile, junior chefs can showcase their culinary prowess and create a mouth-watering chocolate strawberry cream cheese mousse cake perfect for this Mother's Day at the Gastronomy Lab.

OPENING OF RNTC EXHIBITION HALLWAY

We are also thrilled to announce the opening of our much-anticipated Rafa Nadal Tennis Center Exhibition Hallway at 4:00pm to 5:00pm 6 May, where we pay homage to our special collaboration with RNTC. Join us in raising a glass at the Opening Ceremony of RNTC Exhibition Wall, where we will be celebrating the inspirational tennis career of Rafa and his record-breaking achievement of 22 Grand Slams. Tennis enthusiasts will also not want to miss the Babolat New Racquet Demo Day at 4:30pm to 6:30pm on 6 May, where players can familiarise themselves with the latest equipment and enhance their game on the court.



SPORTCATION RETREAT

For those seeking a holistic wellness retreat, we have the Yoga Wellness Retreat Sportcation, a two-day and one-night indulgence that combines the physical practice of yoga with the calming practice of meditation, helping you release stress and tension while increasing your physical strength and flexibility. And for sports enthusiasts, we have a range of exciting activities lined up, from Nunchaku martial arts to an environmental initiative to restore Lobster Bay in Sai Kung.

WINING & DINING AT THE ACADEMY

Finally, our culinary offerings this May are a gastronomical delight not to be missed. From May to June, Fan Guan presents The Eight Great Traditional Cuisines of China – a menu which embodies the regional diversity of location, climatic and customary variations of the Orient. Also find rice dumplings available in anticipation of Dragon Boat Festival, with imaginative spins on classic sweet and savoury flavours. The Academy is celebrating Argentina Festival this month with the country's oldest winery, Colomé. Feast on traditional fare including Parrillada premium Argentinian beef, authentic achuras Argentinian barbecue and much more before tangoing the night away under the stars. Meanwhile, Academy Lounge presents The Black Pearl of the Sea event, where Patrons can savour the finest caviar in Hong Kong, an exquisite collection of rare pleasures from the Royal Caviar Club.

For more information on enrolment procedures for each activity, kindly flip through this edition of The Insider for more details. We look forward to welcoming you to The Academy this May for an unforgettable month of indulgence and celebration.

Yours Faithfully, HONG KONG GOLF & TENNIS ACADEMY MANAGEMENT

APRIL HAPPENINGS AT THE ACADEMY



SPRING CAMP WITH CAMP BEAUMONT

Running on 3, 4 and 6 April, Camp Beaumont hosted its seasonal day camp which was another transformative experience for all junior Patrons who participated. The meticulously curated activities embraced various challenges and endeavours that not only tested the limits of the campers but also fostered a sense of community spirit. Hiking, navigation, shelter building, swimming, coasteering, coastal exploration, stream exploration, team challenges, and flora and fauna learning were some of the highlights of the programme that were designed to promote growth, inspire imagination, and encourage the forging of meaningful connections.









EGGS-TRAORDINARY EASTER

From 7 to 10 April, The Academy's Eggs-traordinary Easter event unfolded, much to the delight of all attendees. HKGTA ensured that the event was a seamless and memorable occasion, marked by a diverse range of activities that catered to all. The offerings included workshops, laser tag games, egg hunts, K-pop dance classes, junior chef cooking lessons, nature exploration, mini yoga, TV game sessions, and movie screenings. The activities gave families to spend quality time together and celebrate the holidays with unforgettable moments.





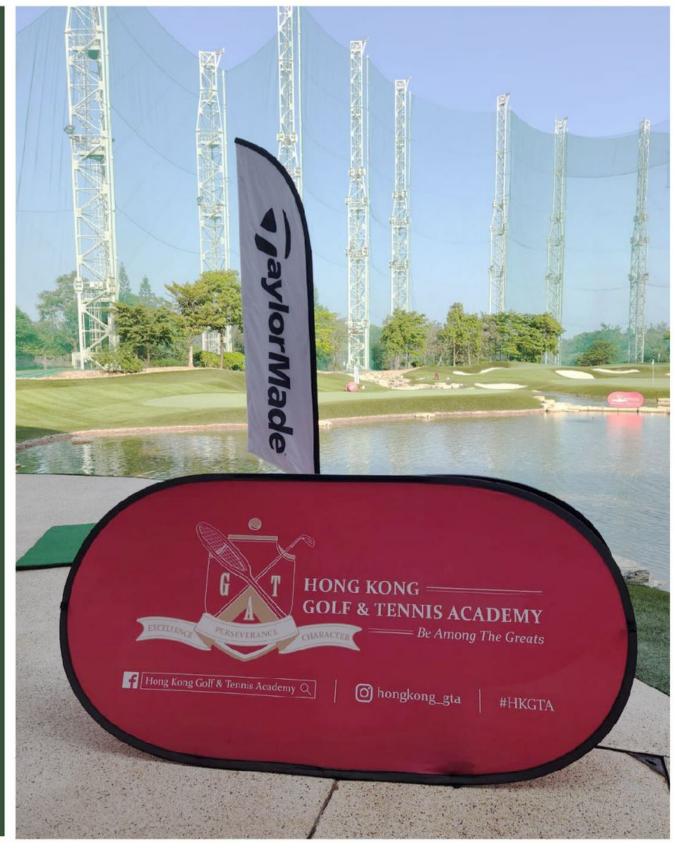




HKGTA GOLF SERIES - APRIL 2023 EDITION

The second event of the 2023 HKGTA Golf Series was held on 16 April, and was a grand and stylish affair that drew golfers of all ages and abilities. The event was a testament to the enduring appeal of golf as a pillar of sport at The Academy that demands precision, grace, and strategic thinking. The event was impeccably designed to incorporate various obstacles and challenges that put the golfers' skills to the test.

We congratulate all golfers who attended the Golf Series, but particularly the leaders of their division after two events, with Mr. Aaron Lau for adults, Chris Xue for Handicap Juniors, and Mason Kwong for Non-Handicap Juniors.







The menus curated for our lovely mothers to celebrate this very special day with their loved ones.

Dinner Set Menus available from 1-14 May 2023

Menu A

HK\$3,488 for 4 persons | HK\$6,988 for 8 persons

Menu B

HK\$5,288 for 6 persons | HK\$10,488 for 12 persons







Mommy & Me Ferial Yoga





Enjoy a wonderful playtime and get connected with your mum at the antigravity flying yoga lesson. Parents and kids will experience a set of basic exercises on the mat and on the hammock.

14 May 2023 (Sunday)

2:00pm – 3:00pm HK\$500 / Patron HK\$750 / Patron's guest (Mother & Kid Included) HK\$150 for an additional kid The Studio

> Instructor: Crystal Aged 4 and above

Please reserve 48 hours in advance. Cancellation has to be made 48 hours in advance.



JUNIOR CHEF MOTHER'S DAY EDITION



Chocolate
Strawberry
Cream Cheese
Mousse Cake

Make your own gift for Mother's Day in our unique Junior Chef Mother's Day Workshop.

Treat your mum to a homemade cake on this special day!



14 May 2023 (Sunday)
2:00pm - 4:00pm
Gastronomy Lab
HK\$550 / Patron
For ages 6 and above

Enrolment is now available on HKGTA Patron website

For enquiries, please contact 852.3187 8960 or patronactivation@hkgta.com





Let's dance! Join us for a fun Cantopop Dance class to create memories with your kids by dancing together!

14 May 2023 (Sunday)
4:30pm - 5:30pm
The Studio

HK\$300 / Patron

HK\$360 / Patrons' guest

(Mother & Kid included)

HK\$100 for additional kid

Aged 4 and above





Online Enrolment is now Available!

Enrolment is now available on the HKGTA Patron website. For enquiries, please contact 852.3187 8960 or patronactivation@hkgta.com



With Colomé winery

Colomé winery is the oldest winery in Argentina, with more than 180 years of producing excellent quality wines. Enjoy an Argentinian night with tango, authentic Argentinian asado and wine pairing to share among the friends.

6 May 2023 | Starts at 7:00pm | Barbecue Area | 24 seats available only

EMPANADAS

Traditional savory pastries stuffed with variety of fillings
CHEESE & ONION

Colome Lote Especial Tannat 2021

PARA EMPEZAR

Selection of starters Argentinian style

SOURDOUGH

GRILLED CHEESE PROVOLONE

GARDEN SALAD

Colome Lote Especial Bonarda 2022

ACHURAS

Variety of Argentinian barbecue delicacies

CHORIZO

SWEETBREAD

BLOOD SAUSAGE

Colome Lote Especial Malbec 2020

PARRILLADA

Grass fed Premium Argentinian beef

RIBEYE

STRIPLOIN

SKIRT

Served with Chimichurri and Criolla sauce

Colome - 1831 Malbec 2018

GUARNICIONES

Side dishes

ROASTED POTATOES A LA PROVENZAL

ROASTED PEPPERS

GRILLED ZUCCHINIS

POSTRE

Traditional Argentinian dessert

HOMEMADE "FLAN WITH DULCE DE LECHE Y CREMA"

HK\$1,280 / Person

For enquiries or reservations: 852. 3187 8981 / 82 | cafeteria@hkgta.com



EL NUDO PRIVATE KITCHEN

Plan your own asado to bring your friends and family together! "Asado" is an Argentinian ritual, where great feast of meats are shared amongst friends.

Taste our exclusive barbecue and perfectly grilled steaks, presented by Chef Roberto Cahiza from "El Nudo Private Kitchen" at our Barbeque Area.

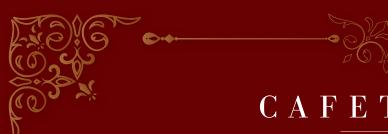
HK\$1,280 per person Minimum 12 persons per booking

Add HK\$320 per person for an exclusive Argentinian wine selection



Subject to Availability

For enquiries or reservations, please contact the Events Team at events@hkgta.com or 852. 3187 8999.





ALL-DAY DINING

THE STEAKHOUSE

Richly marbled and superbly cooked steak is one of life's greatest carnivorous pleasures. This time, we are transforming Cafeteria into a classic steakhouse, offering delicious, juicy grilled steaks. Coming from USA, Japan, Korea, Argentina and Australia, the steaks are grilled to perfection and glorious.

Available from 15 February 2023

Highlights

USDA Prime Tenderloin Tartar Japanese Miyakonojo Wagyu A4 Striploin 100z USDA Prime Natural Bone in Rib Eye 38oz Argentina Prime Rib 380z

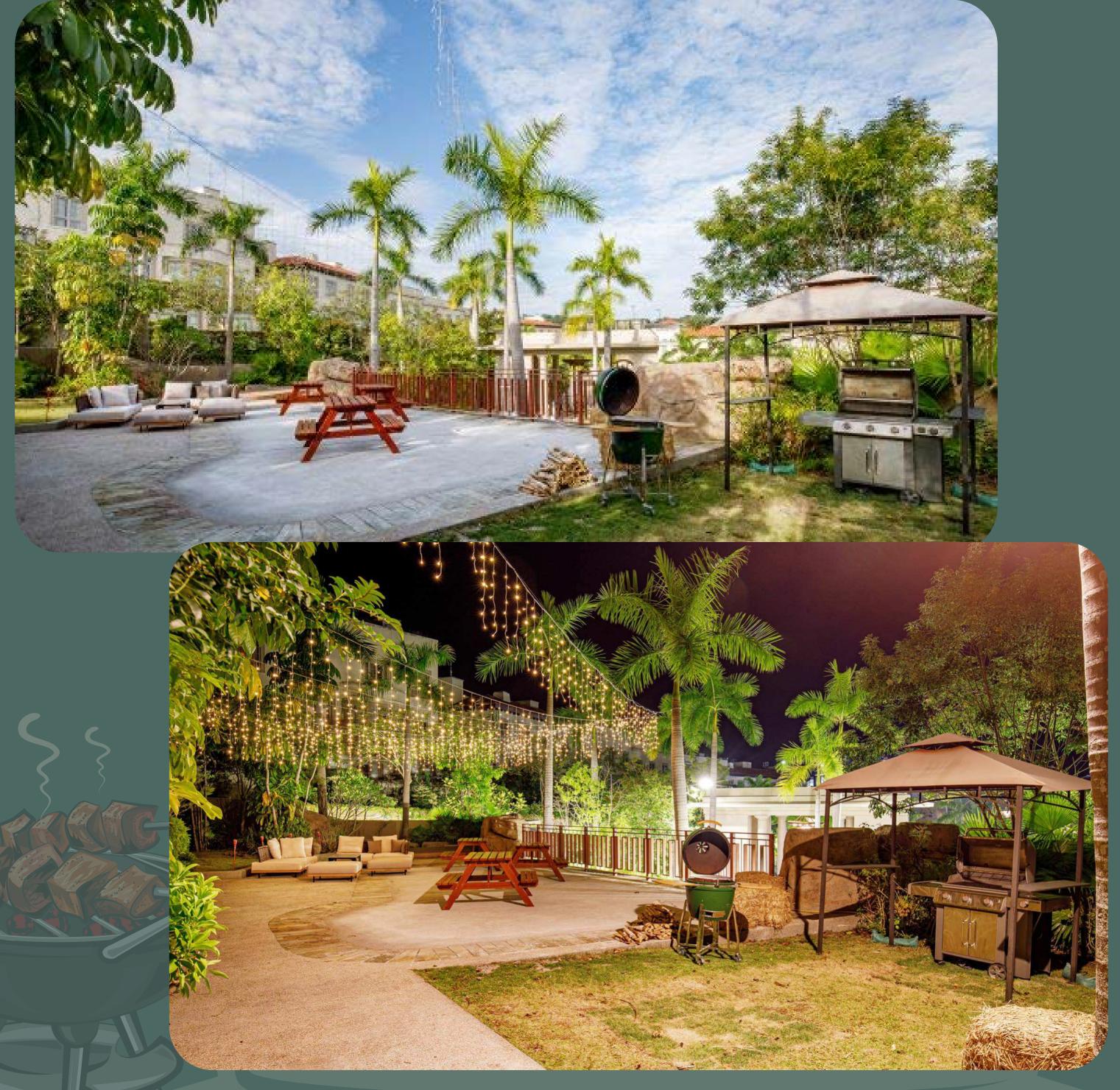
For enquiries or reservations: 852. 3187 8981 / 82 | cafeteria@hkgta.com



BARBEQUE AREA

BARBEQUE STOVE RENTAL HK\$1,900

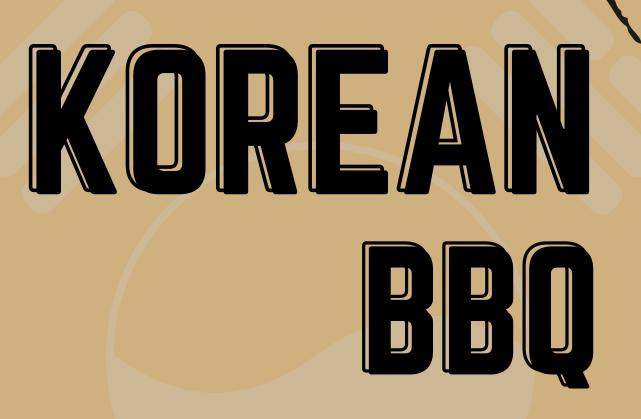
Timeslot for Booking: II:00am - 4:00pm or 5:00pm - I0:00pm



For enquiries or reservations, please contact the Event Team at events@hkgta.com or at 852. 3187 8999.

CAFETERIA

ALL-DAY DINING





CHEESE OYSTER | KOREAN 1++ STRIPLOIN PRIME KARUBI | PORK BELLY

Starting from November 2022

Available at outdoor area of Cafeteria

Menu sets:

For 4 person - HK\$1,188

For 6 person - HK\$1,688

For enquiries or reservations: 852. 3187 8981 / 82 | cafeteria@hkgta.com





The Eight Great Traditional Cuisines of China

Eight significant regional cuisines in China, includes Sichuan, Hunan, Cantonese, Fujian, Jiangsu, Zhejiang, Anhui and Shandong. The Chinese cuisine is elaborate and sophisticated. Explore the taste of China with the diversity of geographical locations, climatic and customary variations, as well as special produces, these led to the evolution of various regional cuisines with their own characteristics and cooking styles.

Highlights

Braised Fish Head with Chopped Chili and Minced Garlic Hunan Cuisine
Braised Kanto Sea Cucumber with Spring Onion in Supreme Broth Anhui Cuisine
Braised Fish Maw with South Africa Abalone in Golden Broth Shandong Cuisine

Starting from HK\$128 | Available from 1 May to 30 June 2023







For enquiries or reservations: 852. 3959 0031 / 32 | fanguan@hkgta.com



RICE DUMPLINGS DELIGHT

Savour Chef Sunny's imaginative spin on his delectable rice dumplings this Dragon Boat Festival. The mouth-watering creations are tasty and an ultimate treat for the family.

十勝紅豆紫薯粽 Hokkaido Tokachi Red Bean and Purple Sweet Potato Rice Dumpling HK\$128

奶黄鹼水粽 Egg Custard Rice Dumpling HK\$128

原隻鮑魚瑤柱鹹肉粽 Whole Abalone and Conpoy Rice Dumpling HK\$238

Add HK\$30 for the gift box to share the joy of Dragon Boat Festival

From 24 May – 22 June 2023

For enquiries or reservations: 852. 3959 0031 / 32 fanguan@hkgta.com

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IN-ROOM HOT POT EXPERIENCE



Starting from HK\$3,588 for 4 Additional Add-ons of over 60 food items!

The in-room hot pot delivery service is limited to 3 hotpot per day and 7 days advance order is required

This menu is only available during Fan Guan's operation hours

To ensure the food quality, some of the ingredients are only available for pre-order

For additional orders on the day, please allow a minimum of 30 minutes for preparation and delivery

Last order will be at 8:00pm. For the tableware cleaning service, please contact us on or before 9:00pm

For enquiries or reservations: 852. 3959 0031 / 32 | fanguan@hkgta.com



The Black Pearl of the Sea -Caviar-



Royal Caviar Club (RCC) offers you exclusive access to the world of rare pleasures.

Their premier products are carefully selected and packaged in an impeccable manner which allows you to enjoy their exquisite caviar.

Get the finest caviar in Hong Kong at HKGTA.



APERITIVO SOCIAL HOURS

Whet your appetite with a glass of cocktail alongside an endless spread of complimentary aperitivo savoury bites.

Every Friday from 4:00pm to 8:00pm HK\$68 / Cocktail

For enquiries or reservations: 852. 3959 0045 academylounge@hkgta.com

Image for reference





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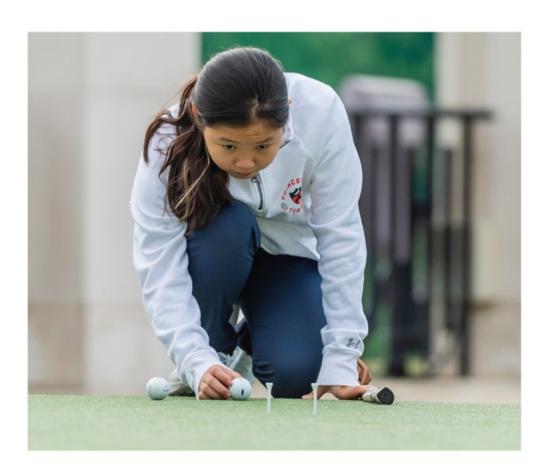
To David Freeman, Director of Instruction at HKGTA, this trip is not just a golfing adventure, but also a journey of self-discovery and growth. "By exposing our golfers to different courses, conditions, and cultures, we can help them become better players and better human beings," he said. "Golf is not just a game of technique, but also a game of character. And we want our golfers to develop the character traits that will make them successful in golf and in life."

The advantages of going on a golfing trip like this are manifold. For the young golfers, it is a chance to test their skills in a new and challenging environment, and to learn from their coaches and fellow players. According to the coach, it is massively important to find time to get the teams away and play the game in a real context. "This is the only way to get the kids better, by seeing them really play the game," David Freeman expresses. "We want them to have a clearer understanding of the game, to know their strengths and weaknesses, and to bond with each other and with us." By being exposed to different courses, they can hone their decision-making skills, their emotional control, and their ability to adapt to changing circumstances. They can also forge bonds of camaraderie and mutual support, which can enhance their motivation and confidence.

For the coaching team, the trip represents an opportunity to share their knowledge and passion for the sport. Given so much has been invested into the planning of the trip, the primary focus is still on the game of golf. The itinerary is mostly comprised of as much time on the real green as possible. By observing their students' swings, putts, and decision-making, they can provide incisive feedback that can catalyse their improvement. By exchanging ideas and techniques with coaches in a new environment, they can broaden their perspectives and deepen their understanding of the game.



The biggest difference of getting to see the Patrons play on the course versus hitting at The Academy, is really to identify their decision making skills in different situations. Giving golfers the opportunity to analyse their environment be it by hitting on sloping lies or dealing with the natural weather conditions, it provides real life scenarios that are important to training.









The Golf Elite & Performance Team and the coaching team are undaunted by these challenges, and are eager to seize the opportunity to play golf in a new and exciting setting. For them, this trip symbolises not just a chance to improve their game, but also a chance to rekindle their passion for the sport.

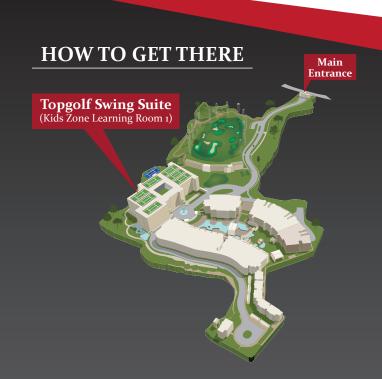






Book for Private Event

Immerse in this new social experience offering a comfortable and private area for aspiring pros and first-time players to play and enjoy unique golfing experiences in an environment of their own. With a large screen and a selection of exciting virtual games, the Topgolf Swing Suite delivers a one-of-a-kind simulation that's fun and competitive for golfers and non-golfers alike.



Opening Hours

Monday to Sunday &

Public Holiday: 8:00am – 10:00pm

	Price	Redemption Period
Hourly Booking	HK\$300	
10 hour package	HK\$2,500	3 months
20 hour package	HK\$4,000	6 months

^{*}All packages non-refundable. Any unused sessions will not be refunded or extended.

For enquiries, please contact 852. 3187 8925 / golf@hkgta.com



TUESDAY LADIES' CLINIC



WITH COACH BRIAN O'DONOVAN

Join Coach Brian to refine all areas of your golf game including:

- Bunker Shots
- Swing Fundamentals
- Sloping Lies
- Chipping & Pitching

And More

HK\$3,600 per Patron per series of 4 lessons

Every Tuesday

9:00am — 11:00am

Optional Breakfast with Coach Brian at 8:30am

For enrolment or enquiries: 852. 3959 0044 or golf@hkgta.com



HKGTA GOLF SERIES 2023 Edition

The HKGTA Golf Series returns in 2023 to offer an opportunity for golfers of all ages and abilities to put their skills to the test.

Dates:

13 May 2023



Non-Handicapped Juniors (5 holes) | HK\$150 per event 4:00pm - 4:45pm *maximum of 15 players

Handicapped Juniors (10 holes) | HK\$300 per event 4:45pm - 6:15pm *maximum of 20 players

Adults (10 holes) | HK\$300 per event

6:15pm – 7:45pm *maximum of 20 players

Format:

- Limited Strokeplay(Maximum score of 6 shots per hole)
- > Shotgun Start
- Players must participate in minimum 2 events to be eligible for overall series winner

Venue: HKGTA Short-Game Course

DEADLINE FOR ENROLMENT

1 week prior to each event

JOIN NOW 852. 3187 8925 golf@hkgta.com

Supported by: TaylorMade®





OPENING OF RNTC EXHIBITION HALLWAY

We are thrilled to announce the opening of our much-anticipated Rafa Nadal Tennis Center Exhibition Hallway in May, where we pay homage to our special collaboration with the first RNTC in Asia.

Join us in raising a glass at the Opening Ceremony of RNTC Exhibition Wall, where we will be celebrating the inspirational tennis career of Rafa and his record-breaking achievement of 22 Grand Slams.



6 May 2023 (Saturday)
4:00pm – 5:00pm
Rafa Exhibition Hallway & Courtyard
Complimentary entry

As a token of our appreciation, we will be offering 100packs of limited celebration pack with 15% off special offer HK\$488 for Patrons to purchase prior to the new RNTC Proshop opening which includes:

HKGTA x RNTC Water Bottle | HKGTA x RNTC Lanyard | Nike Rafa Bull Cap











BABOLAT NEW RACQUET DEMO DAY

6 MAY 2023 (SATURDAY) 4:30PM - 6:30PM INDOOR TENNIS COURT



SCAN TO ENROL NOW!

WELCOME ALL TENNIS ENTHUSIASTS!!

DON'T MISS THE BABOLAT NEW RACQUET DEMO DAY, WHERE PLAYERS CAN FAMILIARISE THEMSELVES WITH THE LATEST EQUIPMENT AND ENHANCE THEIR GAME ON THE COURT.

FOR ENQUIRIES, PLEASE CONTACT 852. 3959 0049 OR TENNIS@HKGTA.COM





BABOLAT CRAZY DOUBLES

2ND EDITION

DATE: 6 MAY 2023 (SATURDAY)

LEVEL 3 & 4: 3:00PM - 5:30PM LEVEL 1 & 2: 5:30PM - 8:00PM

HK\$400 PER PATRON FOR ADULTS ONLY



Format of tournament:

- Win as many games as possible within the time limit
- Players switch partners and opponents every 15 minutes
- The individual with the most games won will be the champion

Prizes:

- 50% discount on one private or semi-private lesson (one hour, weekdays only, coaches are subject to availability)
- A complimentary selected Babolat product
- RNTC Trophy

Enjoy one complimentary drink at the Academy Lounge and mingle with your fellow tennis enthusiasts!

Enrolment detail:

• Patrons enrol as individuals

Enrolment deadline:

4 May 2023

Please scan the below QR code to find more tournament details and enrolment form



ENROL Now!



HKGTA x RNTC

JUNIOR TOUR 2022 - 2023

STAGE 4: 13 MAY 2023



Categories (All combined with Boys & Girls)

- Aged 8 and under (U8)
- Aged 10 and under (U10)
- Aged 12 and under (U12)

Time

3:00pm starts

Venue

Tennis Courts at HKGTA*

Fee

HK\$320 per event (Patrons only)

Format

U8: Round robin followed by knockout stage U10 & U12: Single elimination with back draw

Ball Type

U8: Orange Ball U10: Green Ball

U12: Yellow Ball



ENROL NOW!



For aged 8 and under

For aged 10 / 12 and under

Enrolment

Please scan the QR code and fill in the enrolment form Each Patron is allowed to join one category only

Enrolment Deadline

8 MAY 2023

For enquiries, please contact 852. 3959 0049 or tennis@hkgta.com

*If there is inclement weather on match day, matches will be postponed until further notice





HK\$270 / Patron's guest

HK\$225 / Patron's guest

Week

13 May (Saturday) - Approximately 45 mins

• Balloon Light in the Sky - HK\$150 / Patron HK\$225/ Patron's guest

14 May (Sunday) - Approximately 40 mins

• Clay Planting - HK\$150 / Patron HK\$225 / Patron's guest

Week

20 May (Saturday) - Approximately 45 mins

• DIY Wooden Box - HK\$150 / Patron HK\$225 / Patron's guest

21 May (Sunday) - Approximately 40 mins

HK\$225 / Patron's guest • DIY Glow Jar - HK\$150 / Patron

Week

26 May (Friday) - Approximately 45 mins

• DIY Wooden Cooking Utensils - HK\$150 / Patron HK\$225 / Patron's guest

27 May (Saturday) - Approximately 40 mins

• DIY Dry Flower Table Lamp - HK\$180 / Patron HK\$270 / Patron's guest

28 May (Sunday) - Approximately 50 mins

HK\$225 / Patron's guest • DIY Stone Graffiti Bonsai - HK\$150 / Patron

Package: HK\$800 / 5 Workshops / Patron

Package: HK\$1,200 / 5 Workshops / Patron's guest

For enquiries or enrolments:

852. 3187 8953 or kidszone@hkgta.com

Nunchaku

A New Year of Sport

Nunchaku - Famously used by Hong Kong martial arts legend and world-class actor Bruce Lee. Nunchaku is a martial art instrument that enables the development of quick hand movements and hand-eye coordination. Adhering to Chinese martial arts, "gratitude, focus, persistence and self-discipline" can strengthen their bodies, hone their will, and cultivate martial arts.

Under the supervision of our qualified Nunchaku coach, Kevin Cheung, children can practice the art of Nunchaku safely and re-enact the movements of the legend of the dragon.



Kevin Cheung Coach and the 1st dan black belt of the Hong Kong Nunchaku Association

6, 13, 20 & 27 May (Saturdays) 3, 10, 17 & 24 June (Saturdays) 2:15pm – 3:15pm (Aged 6-10) 3:15pm – 4:15pm (Aged 10 and above)

The Court

HK\$550 / Patron / Class (including the equipment) HK\$660 / Patron's guest / Class (including the equipment)



Enrolment is now available on HKGTA Patron website.Login your Patron account, go to "Classes" and click "Patron Activation", then select this activity to enrol.

For enquiries, please contact to Patron Activation Team at 852. 3187 8960 or patronactivation@hkgta.com

PATRONS PRIVATE EVENT

Looking for a fun and exciting way to entertain your little ones? Look no further! Arrange a private event for your kids and their friends with a series of workshops and activities.

ACTIVITIES TO CHOOSE



LASER TAG

Minimum Charge:

- HK\$2,800 / 8 pax
- Add HK\$350 / extra pax



KIDS WORKSHOPS

Minimum Charge:

- HK\$2,400 / 5 pax
- Add HK\$480 / extra pax

Workshop Content:

Turkish Mosaic Lamp,
Art Jamming, Moss Art,
Scented Candle and more!



JUNIOR CHEF

Minimum Charge:

- HK\$4,400 / 8 pax
- Add HK\$550 / extra pax

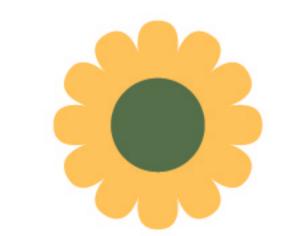
Cooking Recipe:

Dark Chocolate, Roll Cake, Marshmallow Cookies, Cookie Tart and more!

For enrolments or enquiries, please contact us at 852. 3959 0052 or your dedicated Manager from Academy Experience team or email to patronactivation@hkgta.com or ae@hkgta.com









Season 2 at Amphitheatre



Learn how to grow your selected vegetables, along with different farming knowledge and skills with our exclusive family workshops! Each family can get a welcome gift set to start your farming workshop. Come to reconnect with nature and create core memories with your family by joining our unique farming project.

April – June 2023 2:00pm - 3:00pm HK\$3,600 / Patron Family / Season (3 Months) with 6 free Organic Farming Workshops

Topics to be covered:

- Introduction to organic farming, farming plan and sowing (2 April)
- Organic disease and insect control (21 May)
- Organic fertiliser and application (16 April)
- Introduction and application of climbing structure (4 June)
- Soil management and composting (7 May)
- Seedling nurturing techniques and crop rotation (18 June)

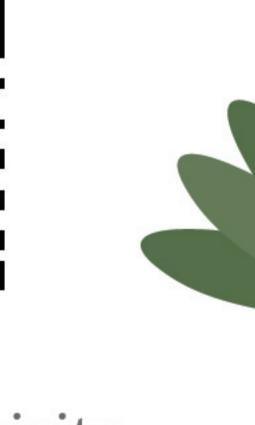
A Welcome Gift Set includes:

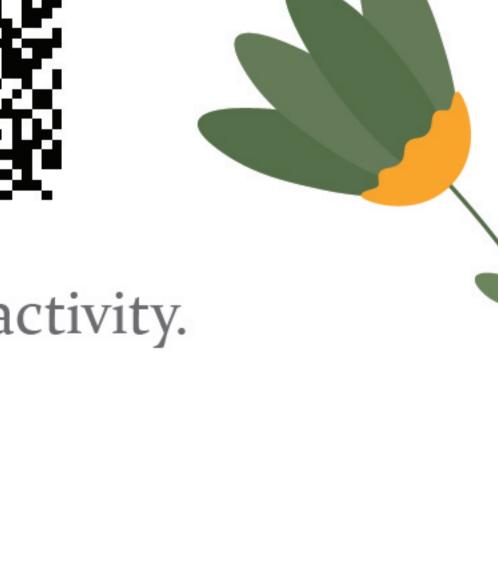
Sunhats, sun sleeves, planting gloves and planter labels for each family

Log in to your Patron account, go to "Classes", click on "Patron Activation" and select this activity. For further enquires, contact us at 852. 3187 8960 or patronactivation@hkgta.com















HARVEST FUNDAYS

NATURE'S TOUCH SEASON 2

7 MAY

&

18 JUNE

2023

From a variety of vegetables, you can now enjoy the fun of harvesting crops and plants, while taking them home and cooking it!

Time: 3:00pm - 4:00pm

Venue: Amphitheatre

Entry Fee: HK\$200 / Day / Patron's Family

All ages welcome

Online Enrolment Now Available!

For further enquires, contact us at 852. 3187 8960 or patronactivation@hkgta.com



Learn how to play the ukulele with our beginner workshop! Our experienced instructor will guide you through basic chords, strumming patterns, and techniques to help you play popular songs. We provide all necessary equipment. Join us for a fun and rewarding musical experience!



28 May 2023 (Sunday) 3:00pm – 4:00pm

Salon
HK\$350 / Patron
HK\$420 / Patron's guest
Aged 5 and above



For enrolment, please scan the QR code.

Login to your Patron account, go to "Classes",
click on "Patron Activation" and select this activity.

For enquiries, please contact us at 852. 3187 8960 or
patronactivation@hkgta.com



BEACH CLEAN UP

JOIN US: CLEAN THE BEACH AND SAVE THE ENVIRONMENT!

HKGTA x Community Co-Learning are holding a beach clean-up event and we are inviting volunteers to help us clean the Lobster Bay. We need your help to keep it waste-free!!

27 MAY 2023 (SATURDAY)

- **Q** Lobster Bay
- (S) 9:15am 1:00pm
- Meeting point at HKGTA Learning Room
- (\$) Complimentary to Patrons
- For aged 6 and above



Online Enrolment is now Available!

For enquiries, please contact us at 852. 3187 8960 or patronactivation@hkgta.com







WELLNESS CLASS SCHEDULE May 2023

SATURDAY

SUNDAY

10:00am – 11:00am

Aerial Yoga Stretch with Crystal

Yoga Flow with Kaman

11:15am – 12:15pm

Aerial Yoga Therapy with Crystal

Full Body Yoga Stretch with Kaman

2:00pm – 3:00pm

Aerial Yoga Therapy with Crystal (7, 21 & 28 May) & Mommy & Me Aerial Yoga (14 May Only)

3:15pm – 4:15pm

Aerial Yoga Pilates with Crystal

HK\$350 / Patron / Session | HK\$500 / Patron's Guest / Session HK\$1,200 / Patron / 4 Pre-paid Sessions For aged 16 and above

Mommy & Me Aerial Yoga with Crystal

14 May 2023 (Sunday) 2:00pm – 3:00pm HK\$500 / Patron (Mother & Kid) HK\$750 / Patron's Guest HK\$100 / Additional Kid

* For ages 4 and above

Please reserve 48 hours in advance Cancellation must be made 48 hours in advance

> Reserve Your Place Now! 852. 3959 0015 / wellness@hkgta.com



YOGA

WELLNESS RETREAT

This 2 days & 1 night retreat combines the physical practice of yoga with the calming practice of meditation, creating a holistic approach to wellness that can benefit everyone, while providing an opportunity for personal growth. Our certified instructors will guide you through each session, helping you release stress and tension while increasing your physical strength and flexibility, leaving you feeling refreshed, relaxed, and centred.

29 / 30 April 2023 & 20 / 21 May 2023 (Saturday & Sunday)

For 1 Night Accommodation & 2 Half Days
4.5 hours of Yoga and Meditation
1x Dinner | 1x Breakfast

HK\$2,688 / Package / Patron



Reservation for this package must be made 7 days in advance and need to wait for HKGTA to confirm.

For reservations or enquiries, please contact us at 852. 3187 8900 or your dedicated Manager from Academy Experience team or email to ae@hkgta.com





YOGA WELLNESS RETREAT

DAY 1

TIME

ACTIVITES

3:00pm

3:30pm - 4:00pm

4:00pm - 5:30pm

6:00pm - 7:00pm

7:30pm - 8:30pm

8:30pm

Check in

Welcome / Detox Tea

Gong | Sound Healing

Healthy Dinner

Evening Yoga Flow

Herbal Tea

DAY 2

TIME

ACTIVITES

7:30am

8:00am - 9:00am

9:30am - 10:30am

11:00am - 12:30pm

12:30pm

Morning Herbal Tea

Hatha Mat Yoga

Healthy Group Breakfast

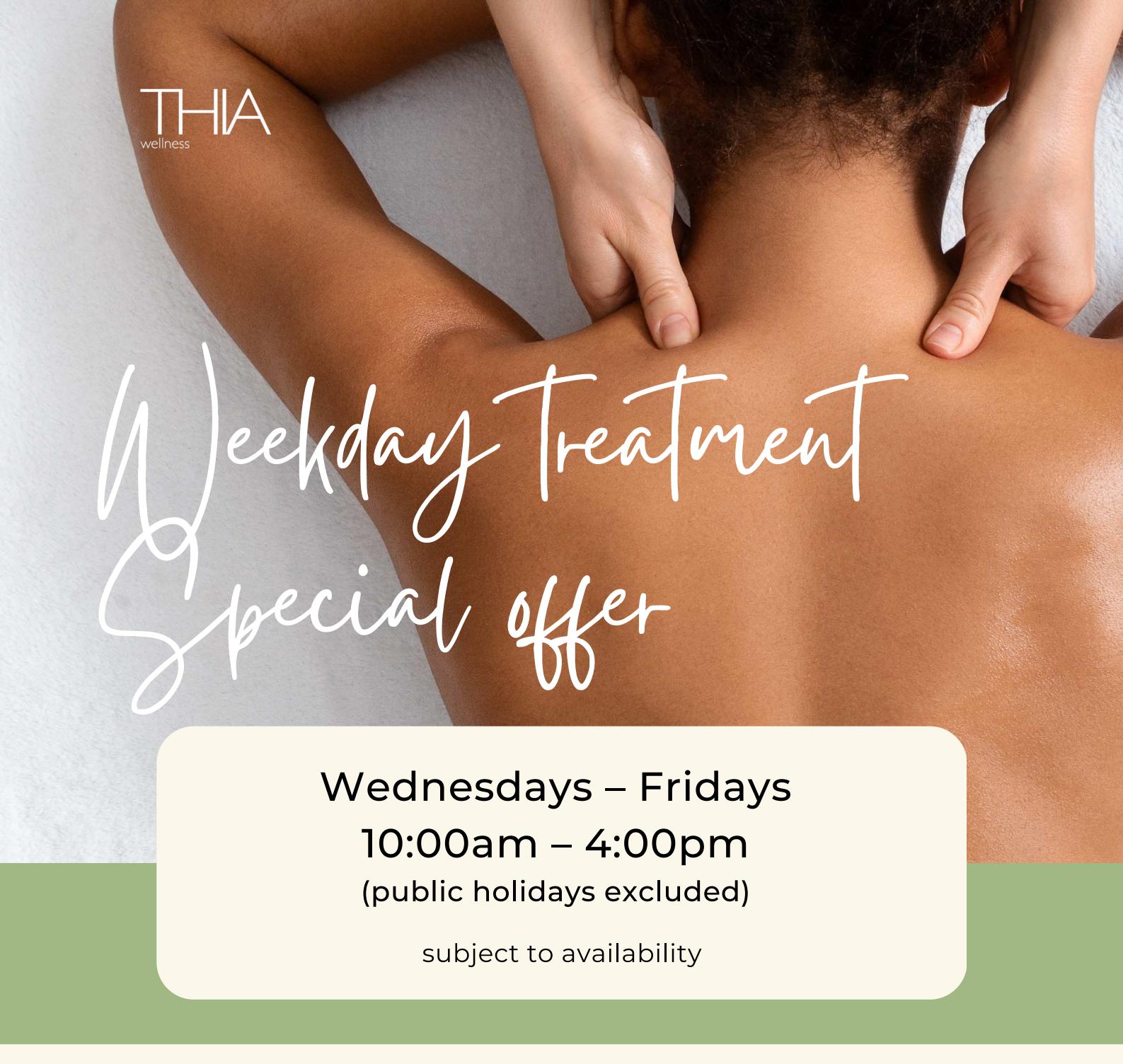
Reconnect Yoga Flow &

Nature Therapy Walk

Farewell

T&Cs

-One-night accommodation per selected room type, HKGTA to decide on assigned Room types -Daily breakfast at Cafeteria (according to no. of Patrons who enrolled in the package) -One hour access to Golf Hitting Stations or Tennis Courts -This Offer can only be used within promotion period, from now till 31 December 2023 -No early bird rate and no birthday offer applied, cannot use this offer in conjunction with any other offers -The package will be hold when we have 8 Patrons enrolment, inadequate of Patrons enrolment may lead to package cancellation and full refund -Llimited space available -On a first come first serve basis



THIA SIGNATURE 60-MINUTE OR FACIAL 60-MINUTE

HK\$688 / PATRON HK\$860 / PATRON'S GUEST

THIA SIGNATURE 90-MINUTE

HK\$1,088 / PATRON HK\$1,360 / PATRON'S GUEST

Please reserve 48 hours in advance. Cancellation has to be made 48 hours in advance.

For reservations and enquiries, please contact Wellness team at 852. 3959 0015 / wellness@hkgta.com

Humansa

THAI BOXING



Thai Boxing is a high-intensity combat sport that can help to develop physical and mental strength. It is a fast way to burn fat, and push your cardiorespiratory levels.

13 & 20 May 2023 (Saturdays)
2:00PM - 3:00PM
The Studio
HK\$250 / Patron
Adults only



For enrolment, please scan the QR code. Login to your Patron account, go to "Classes", click on "Fitness Training" and select this class.

For enquiries, please contact us at 852.3959 0052 or fitness@hkgta.com

Cancellation has to be made to Fitness Team 24 hours in advance



Online Enrolment is now Available!

WHAT IS PODIATRY?

Podiatry is a medical profession devoted to the treatment of disorders of the foot, ankle and related structures of the leg. A podiatrist can help enhance performance in tennis and golf.



Why Podiatry?

By addressing foot, ankle, and leg-related issues, podiatry can help improve athletic performance in sports like tennis and golf. For instance, during the third set of a tennis match, reduced fatigue can enhance your capacity to perform better and achieve your goals.

Suitable for teens

For teenagers, in tennis, golf, and any sport, their feet are essential for transferring power and movement. An accurate assessment of footwear and the potential need for orthotics can significantly reduce the risk of injury and increase efficiency for young athletes.





For enrolment, please scan the QR code. Login to your Patron account, go to "Classes", click on "Fitness Training" and select this class.

For enquiries, please contact us at 852.3959 0052 or fitness@hkgta.com

Cancellation has to be made to Fitness Team 24 hours in advance



Online Enrolment is now Available!

Humansa

PODIATRY 1-ON-1 TRIAL

Good foot posture can greatly affect your golf and tennis performance. Join us for a brief foot and ankle assessment and gait analysis to improve your game.



27 May 2023 (Saturday)
3:00PM - 5:00PM
15-Minute / Session
The Studio

The Studio
Complimentary
For aged 12 and above

Contents of the trial session

- Checking the movement of walking / golf swing / tennis swing
- Use of the 3D Scanner
- Suggestions on foot posture





For enrolment, please scan the QR code. Login to your Patron account, go to "Classes", click on "Fitness Training" and select this class.

For enquiries, please contact us at 852.3959 0052 or fitness@hkgta.com

Cancellation has to be made to Fitness Team 24 hours in advance



Online Enrolment is now Available!

APRIL HAPPENINGS AT HKGTA TOWN CLUB

EASTER FEASTS EGG DECORATING

The Teak House attracted families during the Easter long weekend from 7 to 10 April, where guests indulged in a lavish brunch featuring classic comfort food and seasonal delights. The complimentary Easter Egg Decorating Masterclass was a hit event that unleashed the creativity of little ones and imparted the timeless cultural tradition. The programme details included Dreamy Unicorn, Spring Flower, Lovely Bunny, and Linabell Fantasy on April 7, 8, 9, and 10 at sports bar and restaurant, The Major.











BOMBAY GIRL GUEST SHIFTS AT TEAK HOUSE

Teak House was delighted to welcome guest Chef Samaira Kavatkar on 14 May to treat guests to a sensorial evening to South Asia through food. Also known as The Bombay East Indian Girl, Samaira presented an exclusive five-course degustation menu highlighting her speciality with the best of modern East Indian cuisine. The event celebrated the bold flavours and exquisite dishes that embody the essence of East Indian. The dinner included a welcome drink from Safari Bar, and optional wine pairing specially curated to complement the exclusive menu.







LATTE ART WORKSHOP

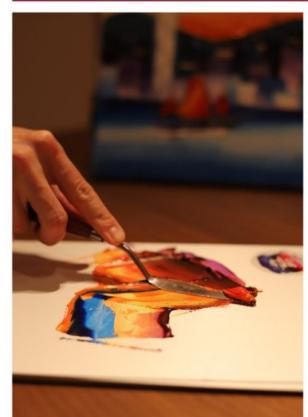
Patrons discovered the art and science of latte art at the Teak House on 24 April. The workshop will be led by Senior Barista, Adrian Chan, who demonstrated how to create beautiful and intricate designs on the surface of a perfect cup of latte. Participants were able to learn the various skills and techniques involved in creating stunning designs that will elevate coffee-drinking experiences to new heights.





PALETTE KNIFE OIL PAINTING

Teak House was transformed into an artist's studio on 25 April, to host a fun and inspiring workshop for aspiring artists. The workshop was led by renowned Russian artist Anna Salenko, who guided Patrons on how to create their masterpiece with oil paint and a palette knife. Salenko shared her techniques and tips for mastering beautiful textures and layers in oil paintings with the aged-old tool. The workshop was a fantastic opportunity for Patrons looking to explore their artistic side through a unique art form.

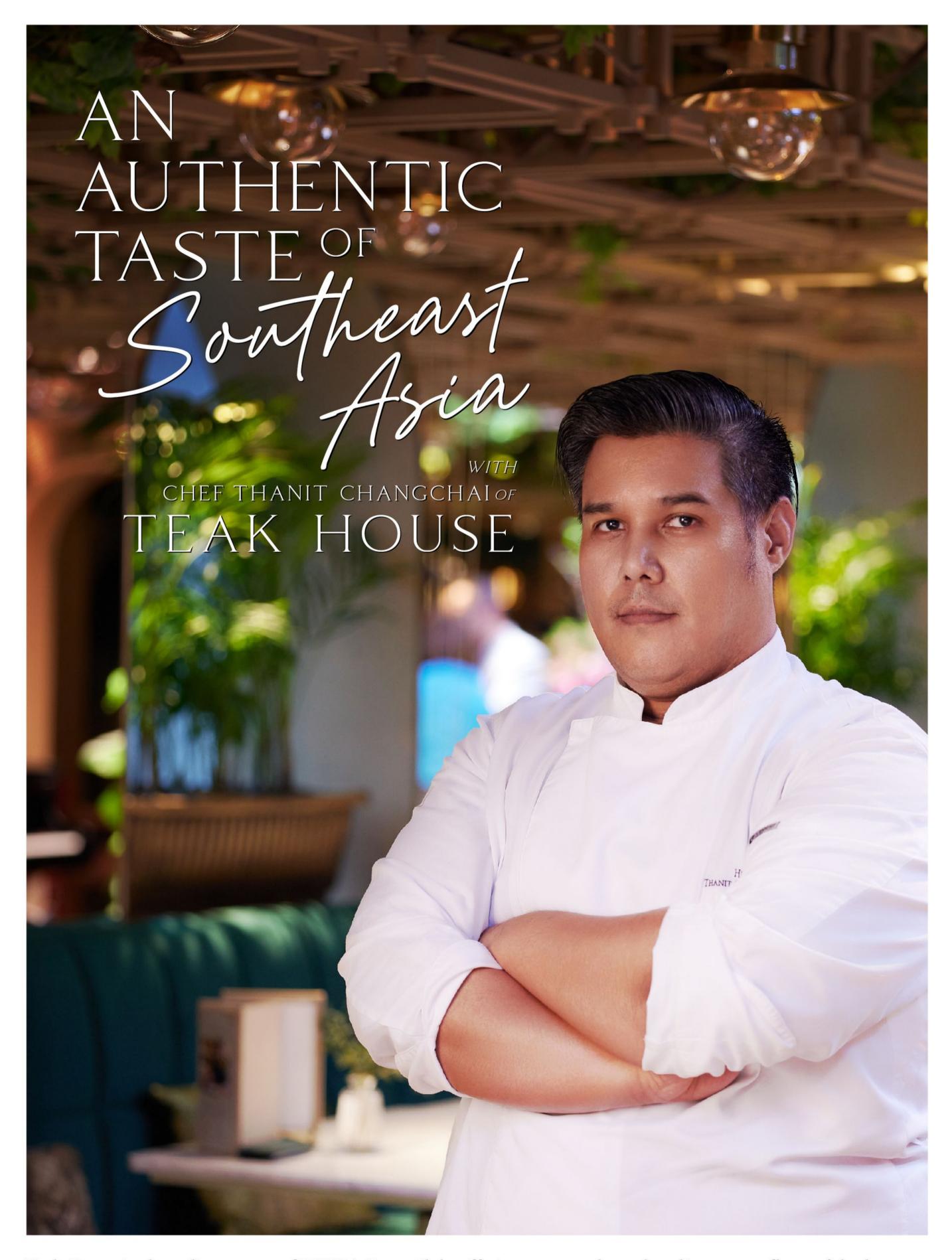






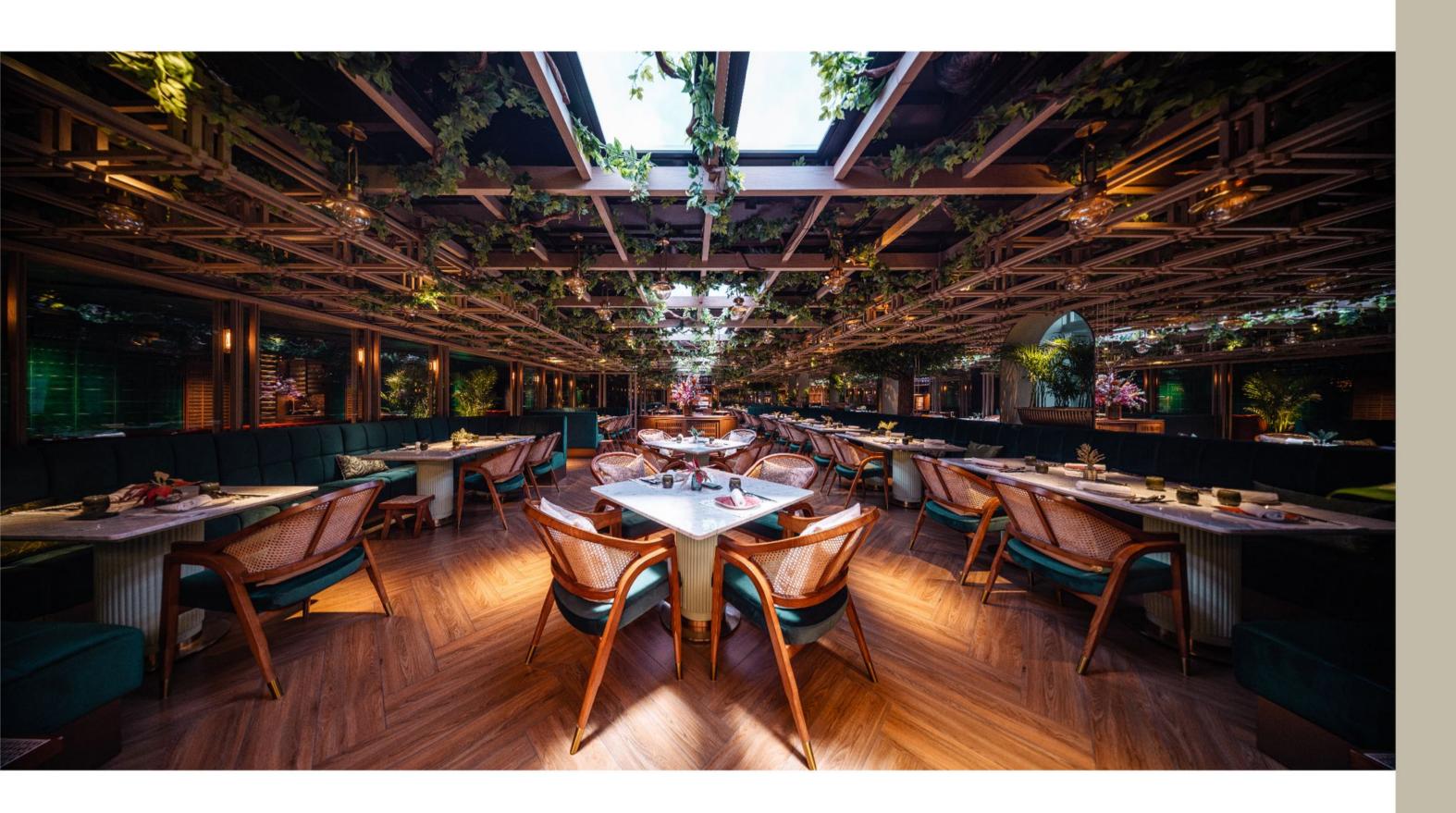


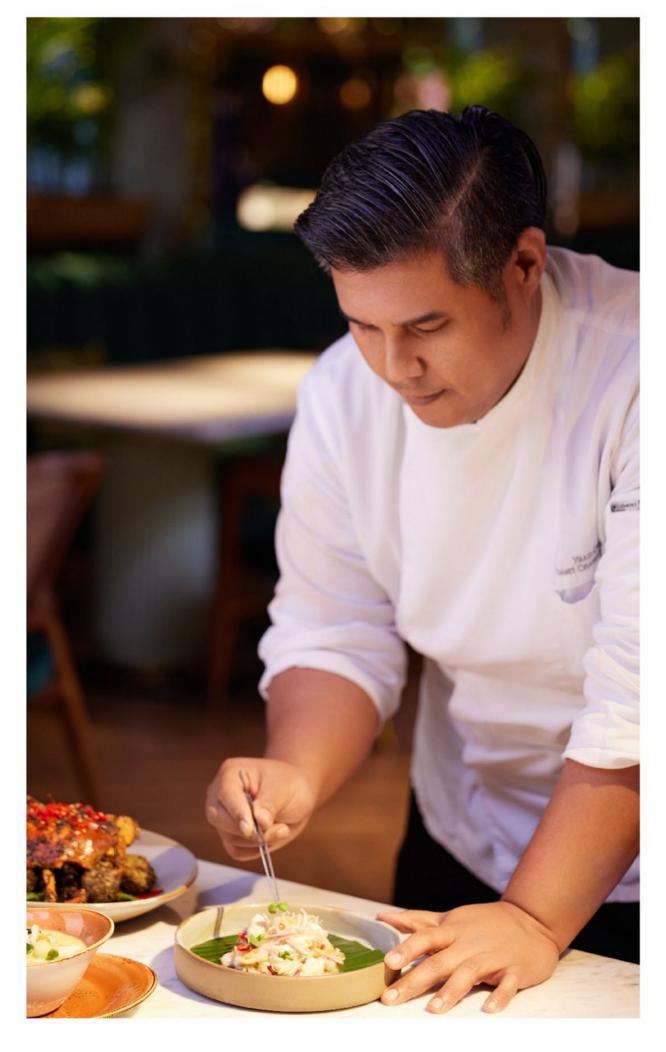




Teak House is the culinary gem of HKGTA Town Club, offering a menu that takes diners on a flavourful adventure through Southeast Asia. Head Chef Thanit Changchai brings two decades of culinary expertise to the table, combining traditional Thai, Malaysian, and Vietnamese flavours with his own innovative techniques to create a unique dining experience like no other.

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Chef Thanit's passion for cooking began at home, where he was inspired by his mother's delicious Thai home cooking recipes. He pursued his culinary career by studying at the prestigious Le Cordon Bleu culinary school in London, where he honed his skills and knowledge to become a professional chef who focuses on even the most minute of details to every step of the cooking process.

Chef Thanit's approach to cooking is driven by his philosophy of using the best quality and flavorful ingredients. He sources ingredients from local suppliers who have GMP (Good Manufacturing Practice) or HACCP (Hazard Analysis and Critical Control Points) systems in place to ensure that the raw materials are contaminant-free and ethically sourced. As he explains, "The procurement of raw materials from stores with quality and reasonable prices is crucial. I select the supplier that should have GMP or HACCP system, which means I will get good product without contaminant-free and is the best and most sustainable way every restaurant should do it."

One of the signature dishes at Teak House is the Thai Boat Noodle, a family recipe passed down from Chef Thanit's mother and one that he has also used in the Thai Royal Kitchen. Other must-try dishes include the Mud Mushroom Curry with Thai River Prawns, which features rare and expensive ingredients that Chef Thanit sources from the northern peaks of Thailand. As Chef Thanit explains, "For me, as a Thai chef, to think of a new menu, I will have a way to find local raw materials that are very hard to find in Thailand. If possible, I would like to bring it to Town Club [at least] once."

Chef Thanit's menu also incorporates Vietnamese influences, offering light and healthy options that complement the heavier and spicier Thai and Malaysian dishes. To enhance the flavors of his dishes, Chef Thanit recommends pairing them with light, crisp white wines or light-bodied red wines with high acidity, or even a cold and refreshing Thai beer like Singha or Chang. He notes, "Southeast Asian Cuisine is heavy, spicy, and bold in flavours, so if we pair it with wine, it should light, crisp white wines with a bit of sweetness (like an off-dry Riesling)."

But it's not just the food that sets Teak House apart from other Southeast Asian restaurants in Hong Kong. Chef Thanit has created a welcoming and memorable atmosphere for his guests too. As he describes, "Teak House is a different type of Southeast Asian that you will never find in Hong Kong. I bring all secrets recipes from my own experiences in this cuisine spread across 20 years. I define my food as 'Authentic Innovative Southeast Asian Cuisine.'"





At Teak House, guests can expect an authentic and innovative Southeast Asian culinary journey. Chef Thanit's passion for using the best quality ingredients and his innovative techniques make for a unique dining experience that truly sets Teak House apart.





STORIES BEHIND RARITY THE GLENROTHES WHISKY DINNER

Indulge in a truly exceptional evening and discover the unparalleled beauty of The Glenrothes 40 Year Old Quantum Single Malt Whisky. This rare and unique gem has been created through the passage of time, and will impress even the most discerning of whisky connoisseurs. Our expertly crafted 5-course menu perfectly complements the rich and complex flavours of this remarkable whisky, creating an unforgettable culinary experience.

MENU

GLENROTHES

Welcome Whisky

The Glenrothes 18 year old

Burrata Cheese

Radish, Capers, Coriander Leaves

The Glenrothes Single Cask #6516, 16 year old

Leek and Potato Velouté

The Glenrothes 25 year old

Croutons

Tagliolini Artichoke

Smoked sardine, Crispy Artichoke

The Glenrothes 30 year old

Braised Pork Jowl

Horseradish, Sautéed Spinach, Green Apple

The Glenrothes 40 year old Quantum

Sato Nishiki Cherry

Lemon Curd, Sable Breton



DATE

PRICE

Thursday, 25 May

Complimentary for Whisky Society members*

TIME

VENUE

Dinner starts at 7:30 pm Saffron

allion

*Annual fee of HK\$2,000







F1 LIVE

DATE

GAME ON! Join us at The Major to experience the excitement and witness history in the making of Formula 1. In collaboration with McLaren, get ready for adrenaline-pumping action for both live broadcast and action highlights right on our big screen and stand a chance to win the ticket of exclusive McLaren Technology Centre Factory Tour.

LIVE SUNDAY

TIME

9:00pm

21 May	9:00pm
4 June	9:00pm
2 July	9:00pm
9 July	9:00pm
23 July	9:00pm
30 July	9:00pm
27 August	9:00pm
1 September	9:00pm
17 September	8:00pm
24 September	1:00pm
19 November	2:00pm

26 November

REPLAY MONDAY

DATE	TIME
22 May	6:30pm
5 June	6:30pm
3 July	6:30pm
10 July	6:30pm
24 July	6:30pm
31 July	6:30pm
28 August	6:30pm
2 September	6:30pm
18 September	6:30pm
25 September	6:30pm
20 November	6:30pm
27 November	6:30pm



CHÂTEAU CALON-SÉGUR WINE DINNER



MENU

Calon • Ségur

GAINI-ESIEPHE Grand Cru Classé en 1855

Gillardeau Oyster

Green Apple, Oyster Leaves

Nicolas Feuillatte Réserve Exclusive Brut, Champagne, France, NV

Wagyu Beef Tartare

Egg Yolk Cream, Capers, Smoke Pike Roes

Le Marquis de Calon Ségur 2015

Tagliatelle Saffron

Yellow Chicken Ragout, Rosemary

Château Calon Ségur 2005 Château Calon Ségur 2009

Braised Beef Cheek

Potatoes, Black Garlic Paste

Château Calon Ségur 1998 Château Calon Ségur 1989

Yubari Melon

Crème Chantilly, Lemon Balm

Petit Fours

On Tuesday, 16 May, take on a sensory journey with Château Calon-Ségur, one of the most renowned wineries in Bordeaux, for an unforgettable evening of fine wine and gourmet cuisine. Brand ambassador Ms. Stephanie

Libreau will be present to guide you through the vineyard's history and winemaking process, while you will savour the exquisite five-course menu, perfectly matched with bold and complex flavors of their signature blends.

DATE PRICE

Thursday, 16 May HK\$1,680 per person

TIME VENUE

Dinner starts at 7:30 pm Saffron



TESSERON COGNAC & CH PONTET-CANET WINE DINNER

MENU

CHÂTEAU
PONTET-CANET
GRAND CRU CLASSÉ EN 1855

^



Scallop Tartare

Avocado, Radish, Mango Dressing

Franck Bonville, Unisson, Grand Cru, Blatnc de Blancs, NV

Fregola

Veal Tendons, Saffron, Jumbo Quail Cubes

Château Pontet-Canet, 2017

Braised Beef Tongue

Almond, Rosemary, Beef Jus

Château Pontet-Canet, 2010

Pigeon

Orange, Cocoa Nibs, Cognac Sauce

Tesseron Cognac, Lot N°76 XO Tradition

Tesseron Cognac, Lot N°53 XO Perfection

Lemon Seifreddo

Compressed Okinawa Pineapple, Mint

Petit Fours

DATE PRICE

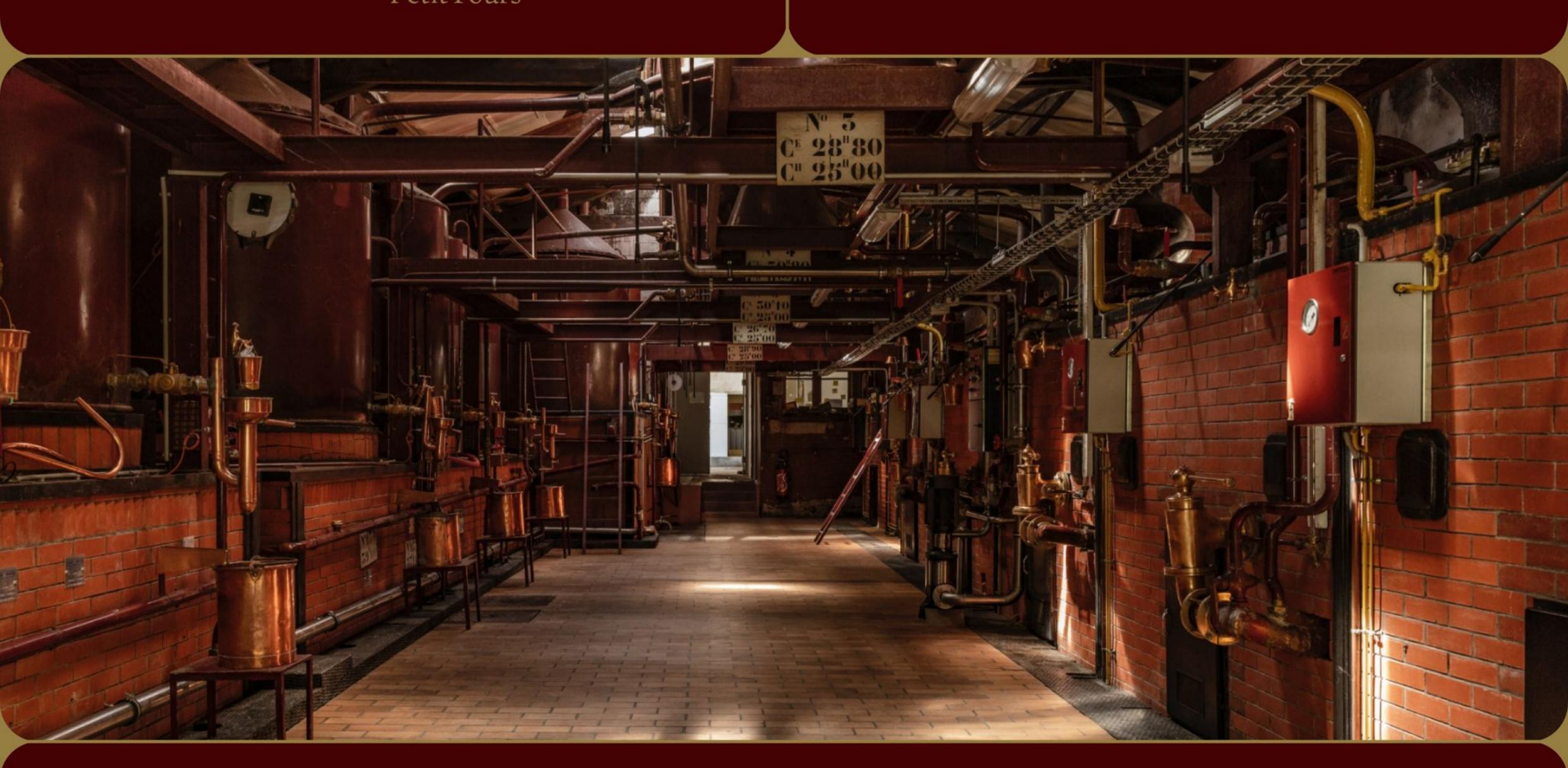
Friday, 19 May HK\$1,980 per person

TIME VENUE

Dinner starts at 7:30 pm Saffron

For one night only, join us in celebrating the newest visionaries as Saffron presents the exclusive Tesseron Cognac and Château

Pontet-Canet Wine Dinner with the winery owner Mr. Noé Tesseron. Savour the timeless elegance of cognacs with a modern flair and the exquisite taste of Château Pontet-Canet wines, expertly paired with a sumptuous 5-course dinner menu.







SAFFRON CHAMPGANE BRUNCH

Saffron takes you onto an elevated brunch experience every Saturdays.

Relish your palate with an endless array of sumptuous delights, from a vibrant mix of appetisers to a succulent seafood platter to share, and made-to-order dainty mains, and a dessert trolley with traditional delights.

TIME 12:00 pm – 3:00 pm

PRICE

HK\$680 per person; add on HK\$350 for bottomless Henriot Blanc de Blancs NV Champagne, house wines, cocktails and beer for 2.5 hours

> VENUE Saffron

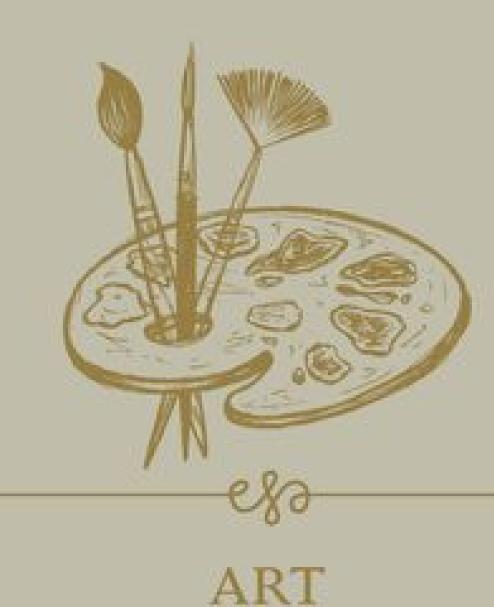
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MAY MONTHLY HIGHLIGHTS

This May, from family-friendly workshops to cultural experience, the events calendar is packed with options to help you make the most of the beautiful spring season.





CLAY FLOWER



Celebrate Mother's Day everyday by spending a fun-filled afternoon creating beautiful and long-lasting flowers out of clay. Book your spot now and create a special memory that you both will treasure every day.

BLOOMS IN BOX



BLOOMS & BLOSSOMS

Join us for a hands-on workshop, where the expert florist from Blooms and Blossom will share the tips and tricks on crafting stunning floral arrangements with seasonal flowers and the carnation, the symbol of motherly love, that is beautifully presented in a chic flower box.

PRICE DATE

HK\$550 per family*, HK\$600 per guest family Sunday, 7 May

TIME VENUE

3:00pm-4:30pm Greats

"Max. 1 Adult & 1 Kid = 1 Family

DATE

Wednesday, 10 May

HK\$600 per Patron, HK\$650 per guest

TIME

6:00pm-7:00pm

VENUE Greats

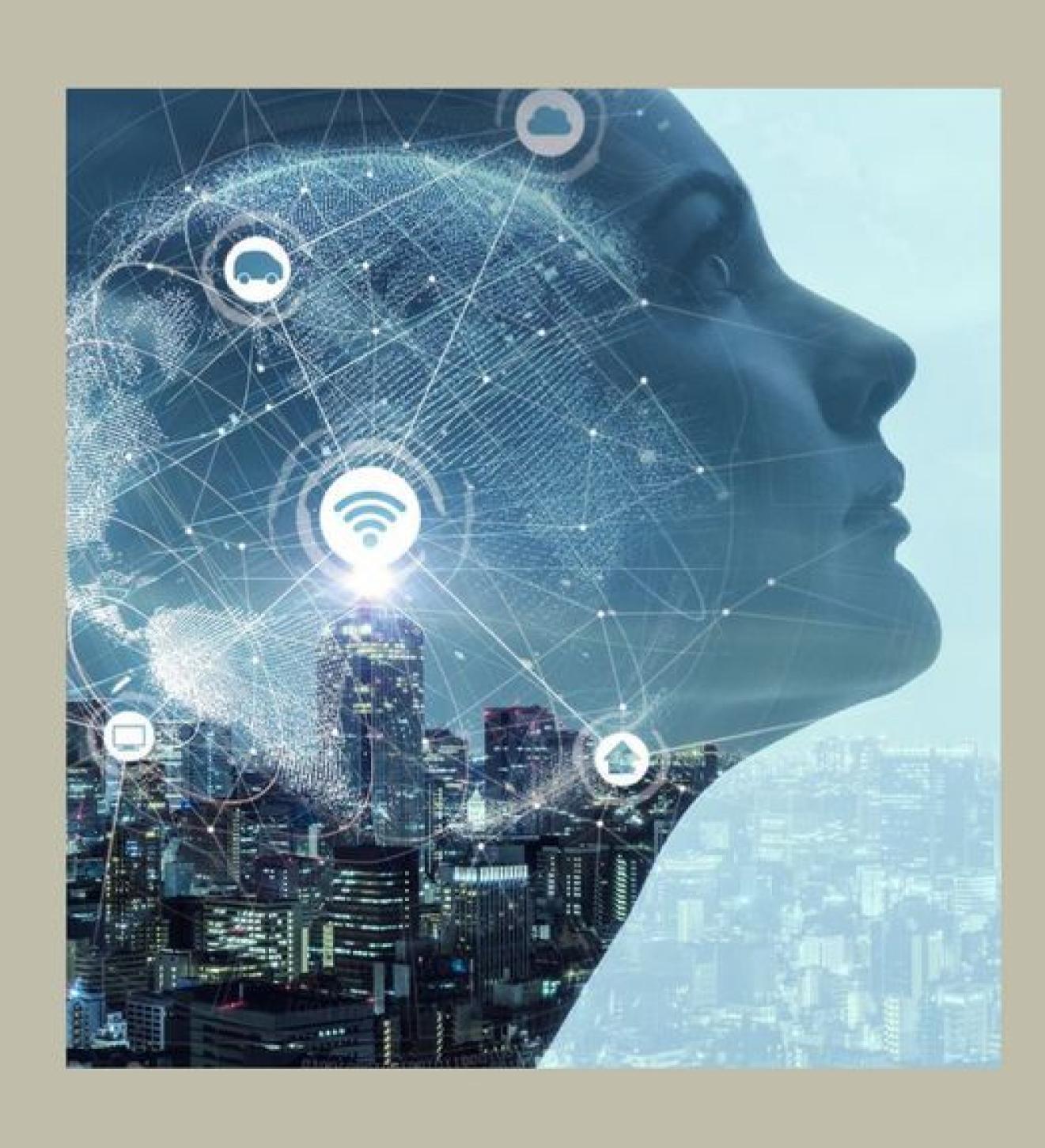
PRICE



ACADEMY CHAT

es-

THE FUTURE OF CHATGPT AND GENERATIVE AI



Discover the latest developments in the field of ChatGPT and generative AI, and learn about the potential for new breakthroughs in the coming years.



HOST

Mr Keith Li

CEO and Cofounder of Innopage Limited

Mr Ivan Lau

CEO and Cofounder of Pantheon Lab Limited

MODERATOR

Manna Chong

Investment Lead, Eureka Nova

DATE

Wednesday, 24 May

PRICE

Complimentary for Patrons

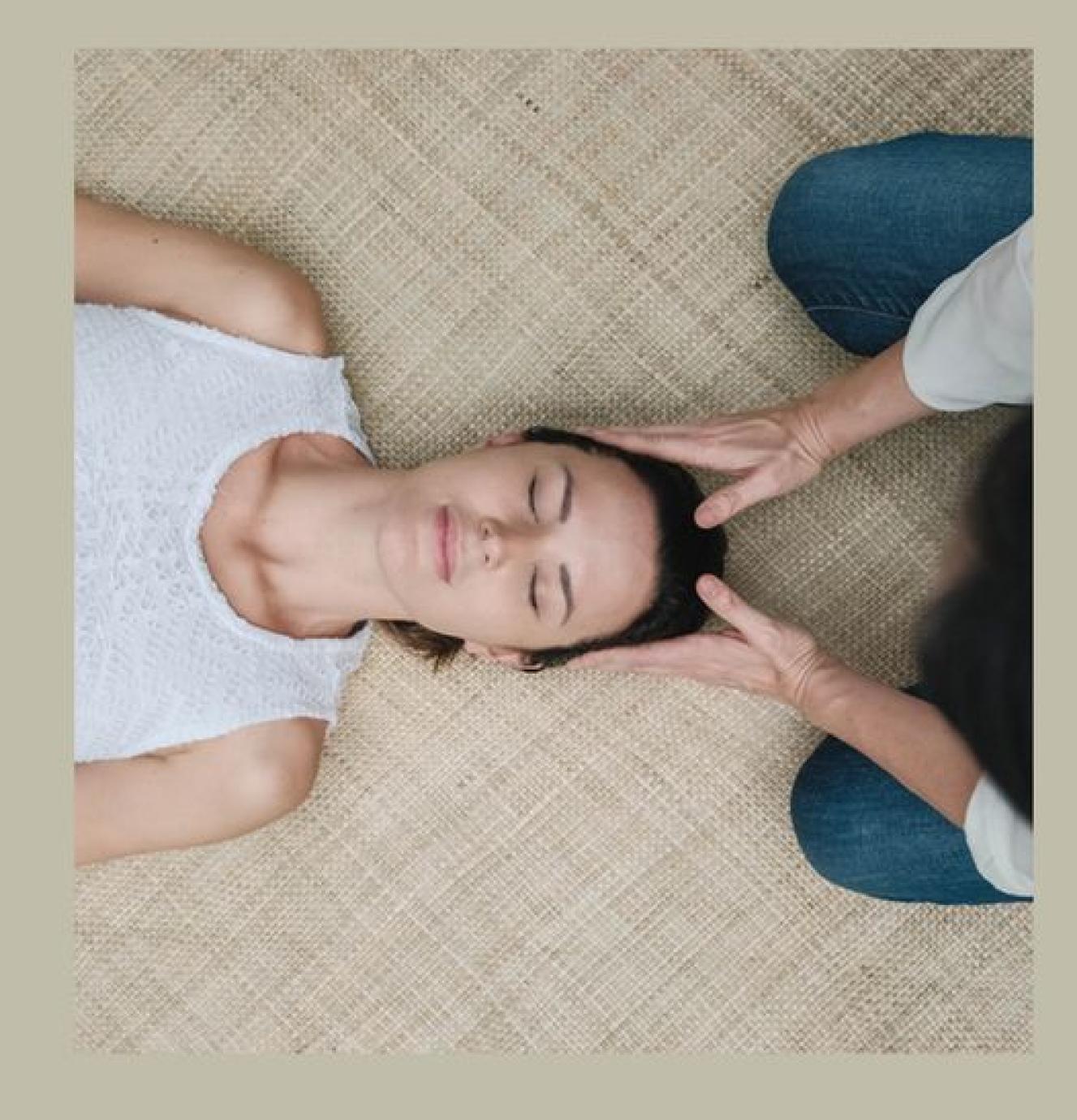
TIME

7:00pm-8:00pm

VENUE

The Major

THE POWER OF MIND



Unlock the full potential of your mind with the power of positive thinking. Join us to learn more about the power of your mind to achieve your goals and transform your life.

HOST

DATE

PRICE

Kat Mayers

Tuesday, 30 May

Complimentary for Patrons

TIME

VENUE

7:00pm-8:00pm

Greats

DELIVERY TO YOUR DOORSTEPDISCOVERY OF ASIAN WINE



This May, savour the bold and unique flavors of Asia with our selection of premium wines.

WHITE

- Woody Farm, Albariño, Yamagata, Japan, 2021 \$520
- Grace Wine, Hishiyama Vineyard, Yamanashi, Japan, 2020 \$270
 - Silver Heights, Helan Mountain Family Reserve Chardonnay,
 NingXia, China, 2019 \$320

RED

- · Silver Heights, The Summit, NingXia, China, 2018 \$370
 - · Grace Wine, Akeno, Yamanashi, Japan, 2019 \$480

DELIVERY TO YOUR DOORSTEP-THE GLENROTHES



The Glenrothes, this single malt Scotch whisky, is known for its rich, fruity notes and smooth finish. Indulge in one of Scotland's finest whiskies and experience its exceptional taste at a special price.

- The Glenrothes Whisky Maker's Cut \$630
 - The Glenrothes 18 Years \$1,160
 - The Glenrothes 25 Years \$4,840
 - The Glenrothes 40 Years \$34,000

