

SPRING

into

SUMMER

THE CROSSROADS CARMEL 2021 SPRING/SUMMER GUIDE

MYO

delicious frozen yogurt p. 6

TOPS 'N TRAVEL

hit the road in 2021 with the best gear p. 26

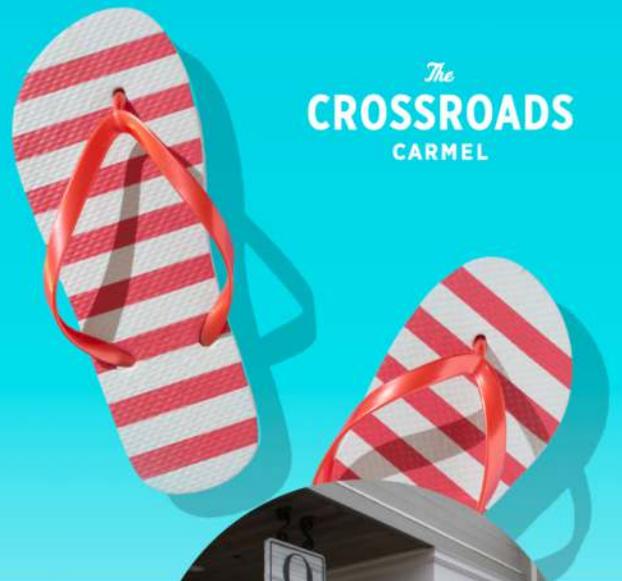
MONTEREY BAY BODYWORKS

tranquility awaits p. 34



Hello & Welcome!

The
CROSSROADS
CARMEL



SPRING WILL COME
AND SO WILL
HAPPINESS.
HOLD ON.
LIFE WILL GET WARMER.

— Anita Krazzan



Happy Spring to you!

We hope that with this new season comes fresh thoughts and clear focus for a happier and abundant year. With every day comes more opportunities and we look forward to new experiences, fun, peace and life.

We are so grateful to all our customers and visitors and we appreciate all your support throughout the years and especially in 2020.

We hope you'll come see us soon at The Crossroads. We can't wait to welcome you to Carmel!

CYNTHIA BUHL
General Manager



Join the
CROSSROADS
CARMEL
COMMUNITY



@thecrossroadscarmel
ON INSTAGRAM



facebook.com/
CrossroadsCarmel
ON FACEBOOK

The
CROSSROADS
CARMEL

GET *Happy*

WHATEVER YOU *love*
GET IT AT THE CROSSROADS!

WITH OVER 50 SHOPS, RESTAURANTS, SERVICES AND SPECIALTIES



The
CROSSROADS
CARMEL

HWY 1 @ RIO RD, CARMEL, CA 93923 831.625.4106   [THECROSSROADSCARMEL.COM](https://www.thecrossroadscarmel.com)

Remember to wear face coverings and maintain safe distancing.

SPRING/SUMMER

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Delicious frozen yogurt



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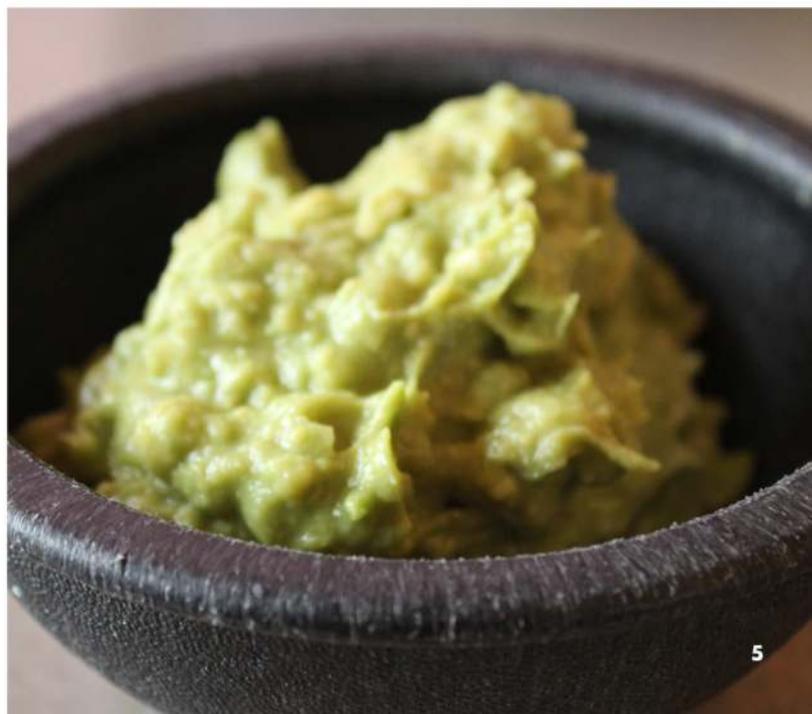
KIM BROSSAU
Owner of Monterey Bay Bodyworks



We bring you the sights and sounds of the season with our curated Spotify playlist.

SWEET REBA'S OATMEAL CREAM SANDWICH COOKIES ▼

▼ **ISLAND TACO GUACAMOLE**





DELICIOUS FROZEN YOGURT

(831) 574-3228

MYO might be new to The Crossroads Carmel, but it isn't a newcomer on the frozen yogurt scene. Owner Molly Meyer has been at it since 2009 and has established locations in Alamo, Walnut Creek, Salinas and Seaside. She also takes her show on the road, delivering sweet, cold concoctions to weddings, corporate events and fundraisers.

WHERE DID THE NAME "MYO" COME FROM?

"My husband and I pinged some names back and forth and landed on MYO which stood for 'Make Your Own.'"

And there's plenty to choose from. They always stock at least eight flavors at a time. White Vanilla, Dutch Chocolate, Pure Tart, a "No Sugar Added" flavor, and a "Dairy-Free" flavor are always on the menu.

Then there are the more than 50 toppings to choose from — cookie crumbles, berries, sprinkles and more sauces than you can shake a spoon at.



MOLLY MEYER
Owner of MYO

Though Meyer fondly remembers the frozen yogurt craze of the 1980s, she understands some things are more than fads — like fresh ingredients, attention to detail and passion for what you do. The Chico State graduate recalls eating plenty of frozen yogurt between study sessions. It became a business opportunity when she and her husband heard rumors that frozen yogurt had a following.

It all began in Monterey County down on Cannery row in 2009. The love and support they got was so overwhelming that they moved to Alvarado Street to accommodate the demand of the locals. And she's eager to meet a new batch of customers at the Crossroads.

WHAT'S THE CRAZIEST FLAVOR COMBINATION YOU'VE SEEN A CUSTOMER CREATE?

That would have to be someone mixing mint yogurt with orange splash yogurt.

WHAT'S YOUR BEST-SELLING ITEM?

Strawberry Boba is our best-selling topping. They are these pearl-sized juice balls that are encased in an edible gel membrane that pops when it hits the tongue. Our best-selling yogurt favorite is the classic vanilla-chocolate swirl.



WHAT ARE YOUR MOST POPULAR CATERING GIGS, AND ANY SPECIAL REQUESTS THAT STAND OUT? (WEDDINGS, CORPORATE EVENTS, OTHER)

I enjoy doing fundraising for school events, as well as hospitals.

WHAT'S THE BEST WAY TO MAKE A FROZEN YOGURT DESSERT?

Most people say less is more, but at MYO we love to say more is more!



DISCOVER MORE

Shop Talk

Love what you discover at The Crossroads Carmel! From professional services to health and beauty salons to delightful dining and treats, we have all that you need to have a great day out on the town.



1

HEIDI'S STUDIO



Treat yourself to a day of indulgence at this elite, full-service hair salon featuring high-end products and skilled stylists.

(831) 624-2347



BEST HAIR CUT I HAVE EVER HAD. SERIOUSLY ITS SO PRECISE YOU COULD MEASURE IT WITH A RULER AND IT WOULD BE PERFECT.

O SALON



ADDIE J.



2

O SALON



Say "Hi" to the new you with a transformative day of beauty at O Salon. Treat yourself today.

(831) 620-0288



3



YONGSUN'S BEAUTY HAIR SALON



This full-service salon and its innovative styling, cuts and coloring will have you looking and feeling your best.

(831) 224-7836

“ I CAN'T OVERSTATE HOW EXCELLENT YONGSUN IS AS A STYLIST! I'VE BEEN GOING TO HER FOR 8 YEARS AND I HONESTLY HAVE NEVER FOUND ANYONE WHO DOES AS EXCELLENT OF A JOB AS HER!

YONGSUN'S BEAUTY HAIR SALON



MASON M.



4



AMBIANCE INTERIORS



Ambiance Interiors blends form, function and your personal style to create spaces that are as unique as you are.

(831) 626-7100

5

THE UPS STORE



This is the place to get stuff done. Pack, ship, print and more.

(831) 625-2800



THE UPS STORE IN THE CROSSROADS SHOPPING CENTER, CARMEL, CA IS WONDERFUL. I'VE HAD A MAILBOX THERE FOR ABOUT 25 YEARS AND I FEEL LIKE IT'S MY LITTLE FAMILY.

THE UPS STORE



PAM C.



6

RPM REHAB



In pain? The specialists at RPM Rehab know what it takes to help you live your best life.

(831) 574-8386



7



BLINK OPTOMETRY



This full-service vision care center offers premium optometry services while the boutique carries those stylish frames for your latest prescription.

(831) 250-6999



I HAVE BEEN SEEING DR. BARSEGHIAN FOR 17 YEARS. SHE IS EXTREMELY THOROUGH AND PASSIONATE ABOUT HER PROFESSION. THE STAFF IS EQUALLY COMMITTED TO GREAT CARE.

BLINK OPTOMETRY



MATTHEW M.



8



CARMEL ACE HARDWARE



Get everything you need for that weekend project at Carmel Ace Hardware.

(831) 293-8050

9

CARMEL MEDICAL SUPPLIES



Carmel Medical Supplies carries a wide range of products for seniors and the disabled.

(831) 574-3339



LOVE, LOVE THIS DRY CLEANERS AND FRANCISCO FOR ALTERATIONS. CROSSROADS CLEANERS IS THE BEST EVER.

CROSSROADS CLEANERS



DIANA P.



10

CROSSROADS CLEANERS



Give stubborn stains the boot with a service from Crossroads Cleaners. Trust them when it comes to making your fine linens and outfits look their best.

(831) 624-5121



FIND ALL OF OUR FAVORITES

Scavenger Hunt

Discover all that The Crossroads Carmel has to offer with this fun scavenger hunt. Select the trek you wish to take based on your interests and visit all of the shops on the way to find their top recommendations for spring and summer.

FROZEN YOGURT!

MYO

(831) 574-3228



TREK 1
TASTY TREATS
& BEVERAGES

CHICKEN SALAD SANDWICH,
TOASTY WAVES & ZEN
MATCHA LATTE WITH SOY

CARMEL VALLEY COFFEE ROASTING COMPANY
(831) 626-8784



THE CLASSIC BOWL, CRAZY 8

THE BIG SQUEEZY
(831) 574-3320



BERRY BUCKLE, S'MORES COOKIE

SWEET REBA'S
(831) 601-4818



LULA'S SEA SALT CARAMELS

LULA'S CHOCOLATES
(831) 626-3327

MARGARITAS

RIO GRILL

(831) 625-5436

TREK 2 WINE & DINE

ROSÉ OF GRENACHE - 2019 ARROYO SECO

TASTE MORGAN

(831) 626-3700



**PAINT & SIP BUNDLE,
MEET GAIA!**

MCINTYRE VINEYARDS
(831) 626-6268



PUA RED AND WHITE WINES

THE ANNEX BY INDUSTRY OUTLAW
(831) 250-7471





2 PC. SECRETARY - ITALIAN BURLWOOD

CONSIGNMENT BY THE SEA
(831) 574-8153

TREK 3 AT HOME



CAT TREATS

PET FOOD EXPRESS
(831) 622-9999

JAN BARBOGLIO

THE HEARTH SHOP

(831) 375-1252



SLUMBERKINS

HOME BY THE HEARTH SHOP

(831) 574-8467



STORM BLADE SURFBOARDS AND WAX FROM HAWAII

THE LANAI

(831) 250-7471





FRESH AHI TUNA STEAK

SEA HARVEST FISH MARKET AND RESTAURANT

(831) 626-3626



EGG ROLLS, WONTON SOUP, HONG KONG NOODLES

CHINA DELIGHT

(831) 625-3367



TREK 4 GOOD BITES



BRISKET GAUCHO SANDWICH WITH CHIPS, BRISKET WITH A SIDE OF CORNBREAD, MAC 'N CHEESE AND A RASPBERRY VINAIGRETTE DRESSING SALAD

THE CROSSROADS BBQ

(831) 250-7616



CARMEL BOWL & PACIFICO

CARMEL POKE CO.

(831) 574-3322



FRIED CHICKEN SANDWICH, GOLDEN ROAD MANGO CART

R. G. BURGERS

(831) 626-8054



MAI TAI PA, FISH TACO

ISLAND TACO

(831) 624-8454



CUSTOM-DESIGNED WEBER RINGS

WEBER GOLDSMITH GALLERY
(831) 626-7600



NIC N ZOE

STEPHAN CORI
(831) 624-8444



TREK 5
WHAT TO
WEAR

DIVKA DRESS, CUTOLICULT SCARF, LABRADORITE PEARL NECKLACE WITH ANTIQUE STERLING SILVER

SHE
(831) 626-4686



INDYEVA AND PATAGONIA

THE TREADMILL
(831) 624-4112



AMINA RUBINACCI, VIA MASINI, W. GLEINBERG BELT, SIGNATURE SWEATERS

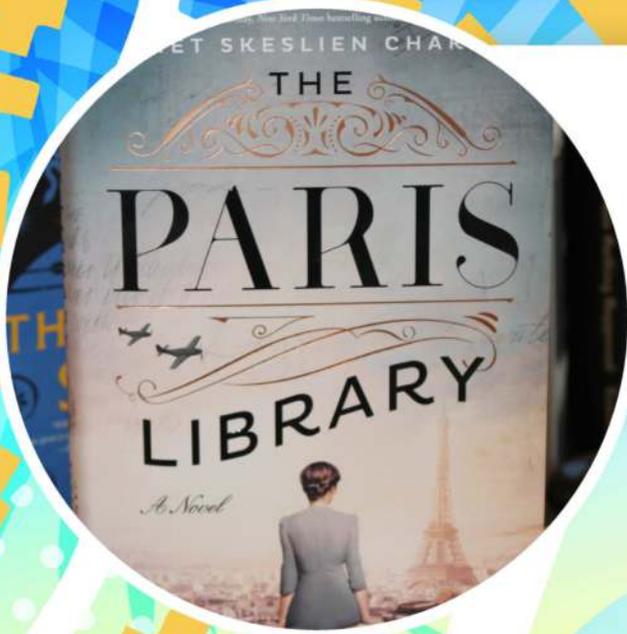
DEBRA C. CARMEL
(831) 624-9400



MARIKA COLLECTION AND ARA COLLECTION

EUROPEAN JEWELERS
(831) 624-3555





**THE PARIS LIBRARY BY
JANET SKESLIEN CHARLES**

RIVER HOUSE BOOKS
(831) 626-2665

TREK 6
**LOCAL
TREASURES**



PIN CUSHION PROTEA

BURST & BLOOM
(831) 625-8111

DANSE DE PARIS AND MAILEG

ZEARLY AND METRONOME
(831) 250-7933



HOBO BAGS

TOPS 'N TRAVEL
(831) 622-7500



PUNCH STUDIO

SPENCER'S STATIONERY & GIFTS
(831) 624-2001

Tops n Travel

HIT THE ROAD WITH THE BEST GEAR

(831) 622-7500

Who wouldn't want to travel after a year spent in lockdown? Once you're ready to hit the road, don't forget to include a trip to Tops 'n Travel as part of your itinerary. Need a laptop bag, a briefcase or a suitcase to check at baggage claim? Tops 'n Travel has you covered. But the store does more than sell and repair luggage.



NASSER OMAR
Owner of Tops N Travel

Owner Nasser Omar knows exactly what it's like to live out of a suitcase, so you can be certain Tops 'n Travel truly understands all elements that go into a relaxing and rejuvenating getaway.

"I love to travel. I'm passionate about traveling and being in the store and selling travel accessories gets me in the mood to travel," said Mr. Omar.

He's been all over Europe, Asia and the Middle East.

His favorite places to travel overseas? Egypt, Amsterdam, South Korea and Thailand.

Nasser, having a commercial pilot's license, also hosts travel seminars to educate people on how to pack more efficiently and get the most out of their excursion.

For seven years he's been at The Crossroads Carmel, helping experienced travelers and panicked, last-minute shoppers alike. Learn some tricks of the trade from an industry expert.

WHAT ARE SOME OF THE TOPICS OF YOUR TRAVEL SEMINARS?

Tips and tricks on how to make the most of your next adventure. Learn how to pack light, maximize space in your bag and breeze through TSA.

HOW DO YOU MAKE YOUR LUGGAGE STAND OUT WHEN IT'S IN THE BAGGAGE CAROUSEL AT THE AIRPORT?

Use colorful luggage tag and handle wraps. Use a (homing pin) it is like a tag or sticker it is truly global lost property recovery if your luggage has one, when found you'll get a text and email connecting you to the finder.



WHAT ARE SOME OVERLOOKED TRAVEL ACCESSORIES?

Travel pillow, eye shade, ear plugs, travel locks, packing organizers, money belt, smartphone charger, earbuds, headphones and electric converters/adapters.

WHAT SHOULD BE ON YOUR PRE-TRIP PACKING CHECKLIST?

- Check expiration dates on passport, driver's license and credit cards. Emergency contact info.
- Keep electronic copies of tickets/passports and itinerary and a copy with a friend or family member.
- Advise your bank of the upcoming travel, leave a house key with a neighbor.
- Carry extra batteries, clothing care kit, motion bands, duct tape, toiletry kit, comb/brush, toothbrush/paste/floss, deodorant, soap, skin care lotion, shampoo & conditioner, shaving kit, eyeglass, scissors, nail clippers, travel towel, 3-in-1 travel bottle set, travel health vaccinations and medications, pain reliever, stomach and laxative medicines, vitamins, throat lozenges, sunscreen, lip balm with SPF, insect repellent, antibacterial ointment, personal hygiene items, hand sanitizer, first-aid kit and a water bottle.



HOW DO YOU DETERMINE WHEN YOU SHOULD REPAIR A PIECE OF LUGGAGE VS. BUYING A REPLACEMENT?

If the luggage has a warranty and is not totally damaged it is better to send it for repair. If not, buy a replacement.



Pet Life

Pets are an important part of life at The Crossroads Carmel. Cats, dogs, birds and iguanas alike, we have all kinds of services to pamper them and give them five-star quality food and treats. You can also go on a special scavenger hunt to find and say hello to our shop-owned pets.



ANIMAL HOSPITAL AT THE CROSSROADS

DR. GEORGE BISHOP, OWNER | (831) 624-0131



WHAT IS SOME ADVICE YOU WOULD GIVE TO PET OWNERS ON EXERCISE FOR THEIR ANIMAL DURING THE SUMMER MONTHS?

As the weather becomes warmer and pets are out for exercise we must be careful to not allow them to overheat. Also, how physically fit is the pet? Is the pet overweight or underweight? Is it younger or older? Has the pet had exercise and is it able to be more active? Also how is the general health of the pet and can it tolerate increased exercise?

WHAT MADE YOU WANT TO BECOME A VET? WHAT'S THE BEST PART OF YOUR JOB?

I was destined to become a veterinarian. I was born and raised on a dairy & hog farm in central Ohio and animals have been a part of my life forever. The best part of the job is helping animals and their owners. Helping to eliminate pain and suffering of animals and assisting in them having a good and long life.

DO YOU HAVE ANY HEALTH ADVICE FOR CAT OR DOG OWNERS IN THE SUMMER MONTHS?

Preventative care is always important but especially in the summer months. There is more exposure to parasites, viruses and injury. Protecting the animals well being with vaccines, flea & tick products and control of activities is very important.



PET FOOD EXPRESS

MICHAEL LEVY & MARK WITRIOL, CO-OWNERS | (831) 622-9999

WHY OPEN UP A PET SHOP?

It all started back when Michael was 7. He wasn't allowed to get a dog, so he started rescuing stray cats, birds, and anything else he could sneak past his parents. For Mark, it might surprise people who know Mark as the outspoken animal rescue advocate he is today, but Mark was a late convert to pet parenthood and the importance of pet nutrition. Fast forward to today and Mark had retail experience and Michael knew everything about pets. They started working together, and Pet Food Express as we know it was born.

WHAT IS YOUR FAVORITE BRAND OF TREATS FOR CATS?

Vital Essentials

CATNIP....SHOULD IT BE ILLEGAL?

Catnip illegal?!? Cats would say "absolutely not!"

WHAT ARE SOME GOOD BEACH TOYS FOR ALL THE SANDY PUPS OUT THERE?

The best toys by far for the sandy pups out there would be any of the chuck-its or N-gage toys.



SUDS 'N SCISSORS

Give your cat or canine the royal treatment at this full-service grooming facility and pet boutique.

(831) 624-4697



Find the Crossroads Pets



TANGO
The Hearth Shop



GAIA
McIntyre Vineyards



SNOW WHITE
Tops n Travel



LADY ANUBIS & LUIE
European Jewelers



LEILANI & MOANA
The Annex by Industry Outlaw



RECIPES FOR YOUR PUP

Pupcakes

BY SWEET REBA'S 

YOU WILL NEED

CAKE

½ CUP **CRUNCHY PEANUT BUTTER**
 ½ CUP **VEGETABLE OIL**
 2 MEDIUM **BANANAS**, MASHED
 ⅔ CUP **HONEY**
 2 **LARGE EGGS**
 2 CUPS **ALL-PURPOSE FLOUR**
 2 TEASPOONS **BAKING SODA**
 1 TEASPOON **BAKING POWDER**

FROSTING

4 OUNCES **CREAM CHEESE**, SOFTENED
 ½ CUP **CRUNCHY PEANUT BUTTER**
 2 TEASPOONS **MILK**
PEANUT BUTTER DOG BISCUITS (OPTIONAL)

DIRECTIONS

Heat oven to 350 degrees. Line each cupcake well with a cupcake liner; set aside. Using a stand mixer with the paddle attachment on low – medium speed, beat peanut butter, oil, bananas, honey and eggs until just combined, about 1 to 2 minutes.

Gradually add flour, baking soda and baking powder and mix on medium speed until just combined. Scoop batter into each lined cupcake well about ½ – ¾ full. Bake for 18 to 22 minutes or until a toothpick inserted in center comes out clean.

Allow pupcakes to cool to room temperature before frosting.

In a medium bowl, beat cream cheese, peanut butter and milk until just combined. Note: If frosting is too wet, add a tablespoon of cheese at a time. If frosting is too dry, add a teaspoon of milk at a time.

Spread frosting over each cupcake. Top with a Peanut Butter Dog Biscuits.



Summer Fitness Tips

FUNCTIONAL INTEGRATED TRAINING (F.I.T.)

DON IMAMURA, OWNER | (831) 915-2755

WHAT TIPS WOULD YOU GIVE THE COMMUNITY ON WAYS TO STAY FIT DURING THE SPRING AND SUMMER? ARE THERE CERTAIN EXERCISES OR MOVEMENTS THAT PEOPLE SHOULD DO EVERYDAY?

Set achievable short-term and long-term goals. Goal-setting helps us maintain focus on our goal of achieving better health. Schedule exercise into your day. When our days get busy, we will often put off exercise until we have 'free time'. By scheduling exercise into your day the adherence to your goals will increase. If you can schedule exercise early in your day, there is less of a chance for other things to get in the way.

Find a group of friends who will commit to the same goal and schedule events. Schedule an every Saturday 8 a.m. hike with a group and you will find that the group members will hold each other accountable and everyone will be less likely to cancel.

Enjoy our beautiful surroundings! We are fortunate to live in an area with an abundance of areas to explore.

Hiking new trails, kayaking in the bay, cycling the coast are all ways to stay active during the long days of spring and summer. There are certain exercises to do every day. The most important things a person can do every day is to set aside time and space to pause and breathe.

Our lives are filled with many stressors. Creating space allows your mind to focus on the present and may generate a more calming effect on other parts of your life as well.

CARMEL PILATES AND PERSONAL TRAINING

MARCY CURRY, OWNER | (831) 625-3341

WHAT TIPS WOULD YOU GIVE THE COMMUNITY ON WAYS TO STAY FIT DURING THE SPRING AND SUMMER? ARE THERE CERTAIN EXERCISES OR MOVEMENTS THAT PEOPLE SHOULD DO EVERYDAY?

I would recommend that people get outdoors more during the beautiful longer days. Just simply being outdoors and breathing fresh air always improves the mood. I also recommend mobility drills.





GHOST TREE TRAINING

Established personal trainer, Don Curry, offers one-on-one strength training, pilates and more.

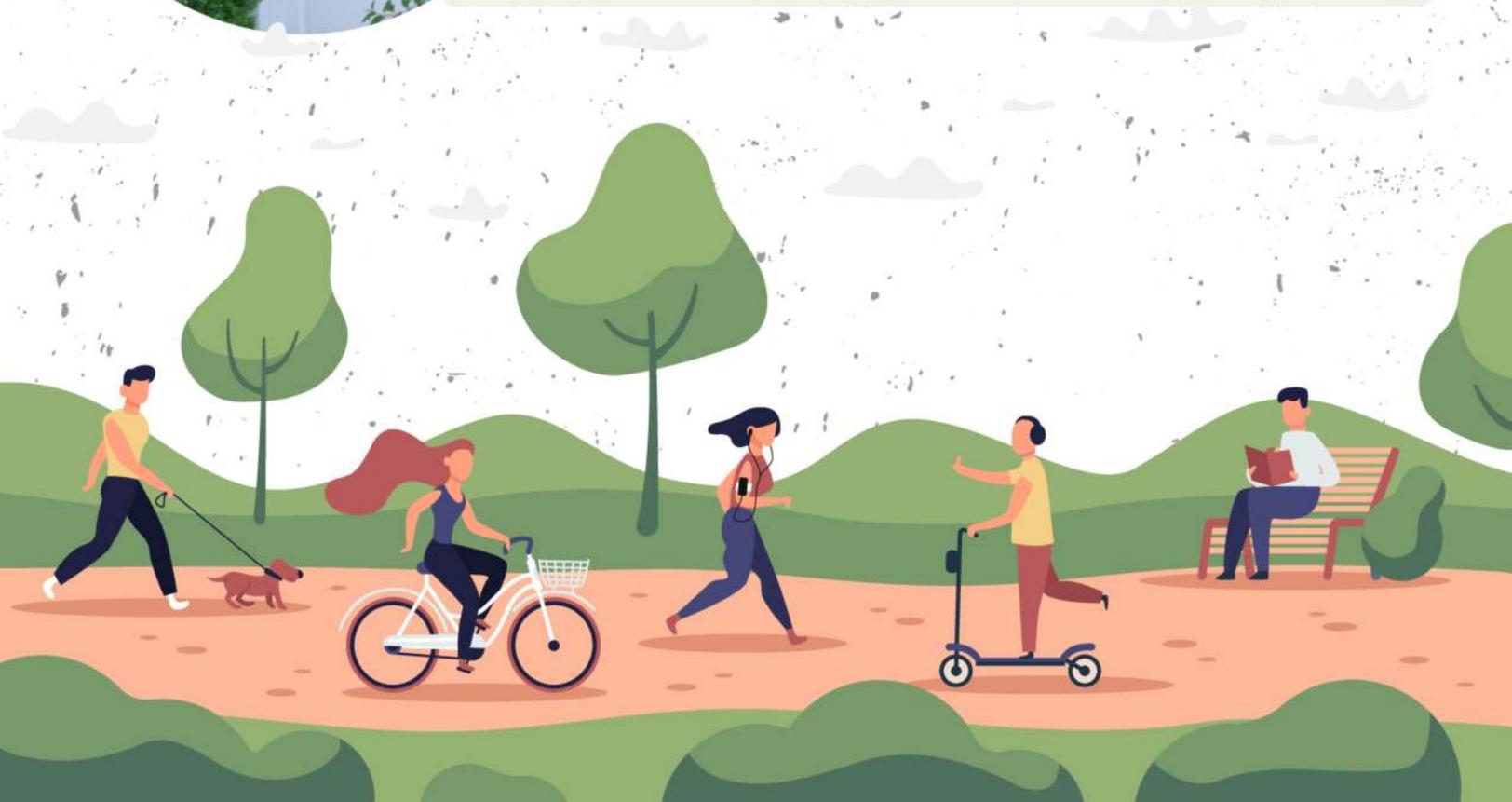
(831) 521-8784



STUDIO J PILATES

Turn to the experts at Studio J Pilates when it's time to get that body toned for Carmel's white sand beaches.

(831) 236-3905



Monterey Bay Bodyworks



TRANQUILITY AWAITS

(831) 372-4212

Breathe in. Breathe out. Unclench your jaw. Feel the tension in your shoulders melt away. Tranquility awaits at Monterey Bay Bodyworks, a luxurious massage studio where skilled hands help clients unburden themselves.

Rejuvenating, affordable and effective, the treatments at Monterey Bay Bodyworks can help you calm your senses and renew your outlook.

For owner Kim Brosseau, her life as a massage therapist began with a simple compliment.

She was working as an esthetician at a beauty salon, massaging a customer's neck when the client gestured

toward the salon's massage therapist and said "You should do that."

After stints in Monterey working for other people, Kim decided to go out on her own.

She also had a friend in her ear.

"There was a nail salon here where a friend worked, and she convinced me that it would be great to come to Carmel. I said 'I can't afford that' but it's worked out. I've been here 10 years."

And she loves every minute of it.

"It's one of those professions where you love to come to work. When I can make somebody feel good and they walk out of here happy, it's the best compliment in the world."

She recalled a particularly pleasant text message she received from a client the day after a recent treatment.

"The coolest part of my whole day is that she sent me a text saying 'You're a magic-worker, you are unbelievable, I feel like a million bucks.'"

Even during the pandemic, when she went from 40 clients a week to 10, she kept coming into work. COVID-19 was brutal on business. She was forced to shut down four separate times. But Kim gained some perspective through it all.

"I appreciate my clients even more now than I did before."



KIM BROSSEAU
Owner of Monterey
Bay Bodyworks



WHAT'S THE DIFFERENCE BETWEEN DEEP TISSUE, LOMI LOMI AND SWEDISH MASSAGE?

Lomi means “knead”, like a cat, so it’s a kneading motion. All massages are Swedish, you just add a technique to them. All Swedish massage is long strokes, so with deep tissue you add a lot of pressure.

WHAT ARE SOME STRETCHES I CAN DO TO ALLEVIATE NECK PAIN?

Take your hand and pull your head to the side, then pull forward. Really all you can do on your own.

WHAT MADE YOU START A COMPANY LIKE MONTEREY BAY BODYWORKS?

I wanted to be my own boss and have my own hours. I don’t even have employees.

WHAT SORT OF CERTIFICATIONS OR TRAINING DO YOU HAVE?

I wish we had to do them every year. When I do one, it’s like 40 hours of practice. I went to Costa Rica and everyone thought it was a vacation, but I was working the whole time.



RECIPES

Oatmeal Cream Sandwich Cookies

BY SWEET REBA'S 

YOU WILL NEED

COOKIES

2 **STICKS UNSALTED BUTTER**
AT ROOM TEMPERATURE
2 **CUPS PACKED BROWN SUGAR**
2 **EGGS**
1 **TSP VANILLA**
3 **CUPS ALL PURPOSE FLOUR**
2 **TSP BAKING SODA**
2 **TSP SALT**
5 **CUPS OLD FASHIONED OATS**

FILLING

2 **STICKS UNSALTED BUTTER**
AT ROOM TEMPERATURE
1 **POUND POWDERED SUGAR**
1 **TSP VANILLA**

DIRECTIONS

Heat oven to 350 and line a cookie sheet with parchment paper. In the bowl of a stand mixer, cream butter and brown sugar until fully incorporated. Add eggs one at a time, and mix well. Add vanilla, and mix until slightly lighter in color. With mixer off, add flour, baking soda, and salt. Turn mixer on low, and add oats while mixer is on. Mix until just combined.

Using a small ice cream scoop or a large spoon, place dough on parchment lined cookie sheet at least 1 ½ inches apart. Bake at 350 degrees for 12-14 minutes, or until evenly brown.

Remove from oven and let cool while you make the filling.

Put powdered sugar in bowl of stand mixer and turn on low. Add butter gradually and mix on low until it comes together. Add vanilla and mix on medium speed until light and fluffy.

FINAL ASSEMBLY

Fill a piping bag fitted with a star tip or plastic storage bag with corner cut off with filling mixture. Pipe an even amount of filling onto one cookie, and sandwich with a second cookie (if you don't want to use the bag method, you can simply spread one cookie with the filling and sandwich together.). Eat and enjoy!





RECIPES

Tuacamole

BY ISLAND TACO 

YOU WILL NEED

- 3 WHOLE RIPE AVOCADOS
- 1/4 CUP CHOPPED WHITE ONIONS
- 1/2 TSP GRANULATED GARLIC
- 1/2 TSP SALT
- 1 WHOLE LIME

DIRECTIONS

In a medium bowl, mash together the avocados, lime juice, and salt. Mix in onion and garlic. Refrigerate 1 hour for best flavor, or serve immediately.



The
CROSSROADS
CARMEL

EVEN THE SMALLEST TRIP IS FULL
OF **UNTAPPED POTENTIAL** AT
THE CROSSROADS CARMEL.

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CONTACT



LEASING

We'd love to hear from you.

